

# Cervicale arteriële dissecties - een update

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Nascholing Nederlandse Neurovasculaire Werkgroep

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# Disclosures

Potentiële belangenverstrengeling	Geen
Voor bijeenkomst mogelijk relevante relaties met bedrijven	Bedrijfsnamen
<ul style="list-style-type: none"> <li>• Sponsoring of onderzoeksgeld</li> <li>• Honorarium of andere financiële vergoeding</li> <li>• Aandeelhouder</li> <li>• Andere relatie, namelijk</li> </ul>	Geen Geen Geen Secretaris Nederlandse Neurovasculaire Werkgroep

# Inhoud

- Achtergrond
- Acute behandeling
  - Intraveneuze trombolyse
  - Endovasculaire behandeling
- Secundaire preventie



# ESO richtlijn 2021



**EUROPEAN  
STROKE JOURNAL**

Guideline

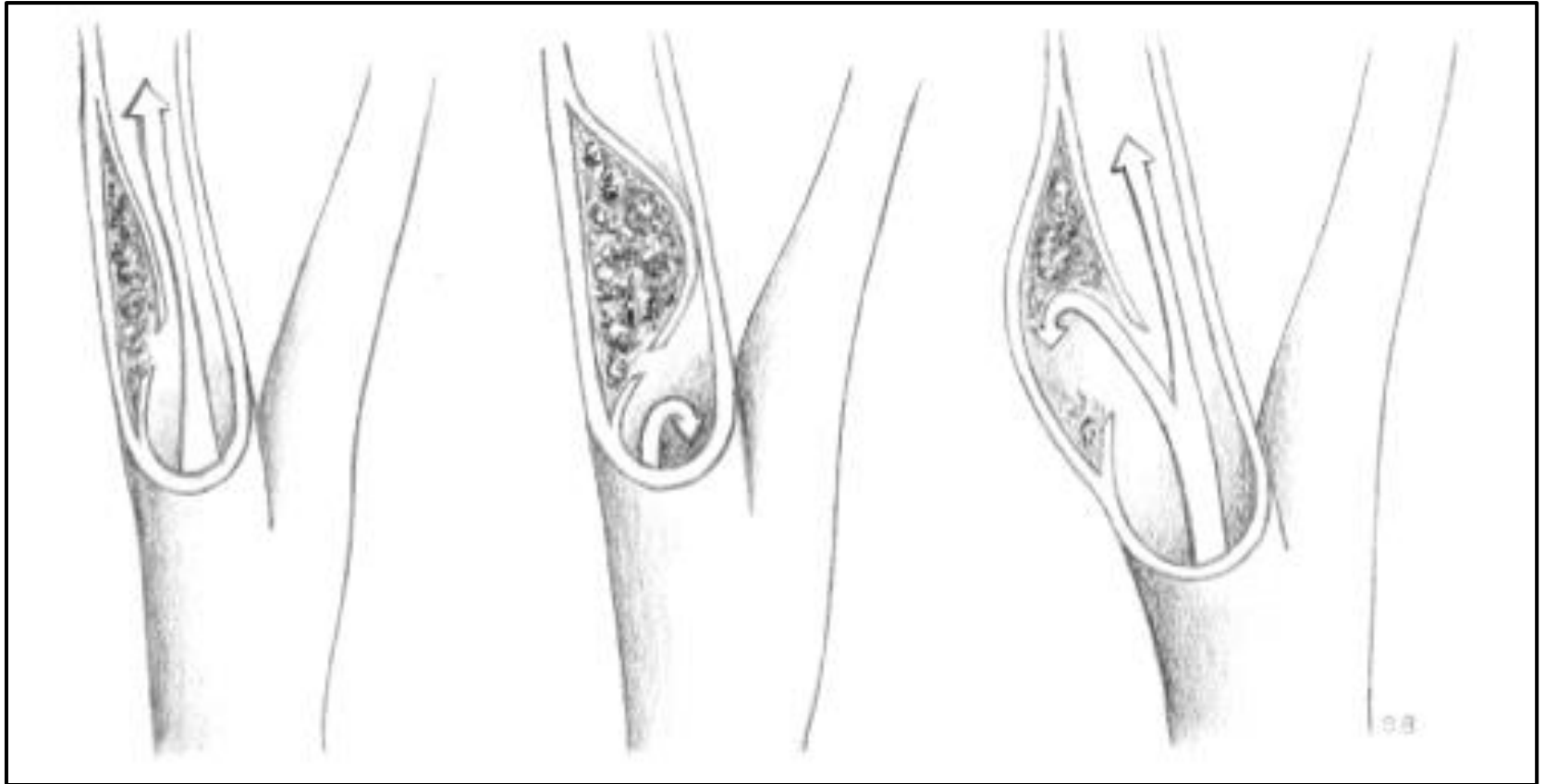
## **ESO guideline for the management of extracranial and intracranial artery dissection**

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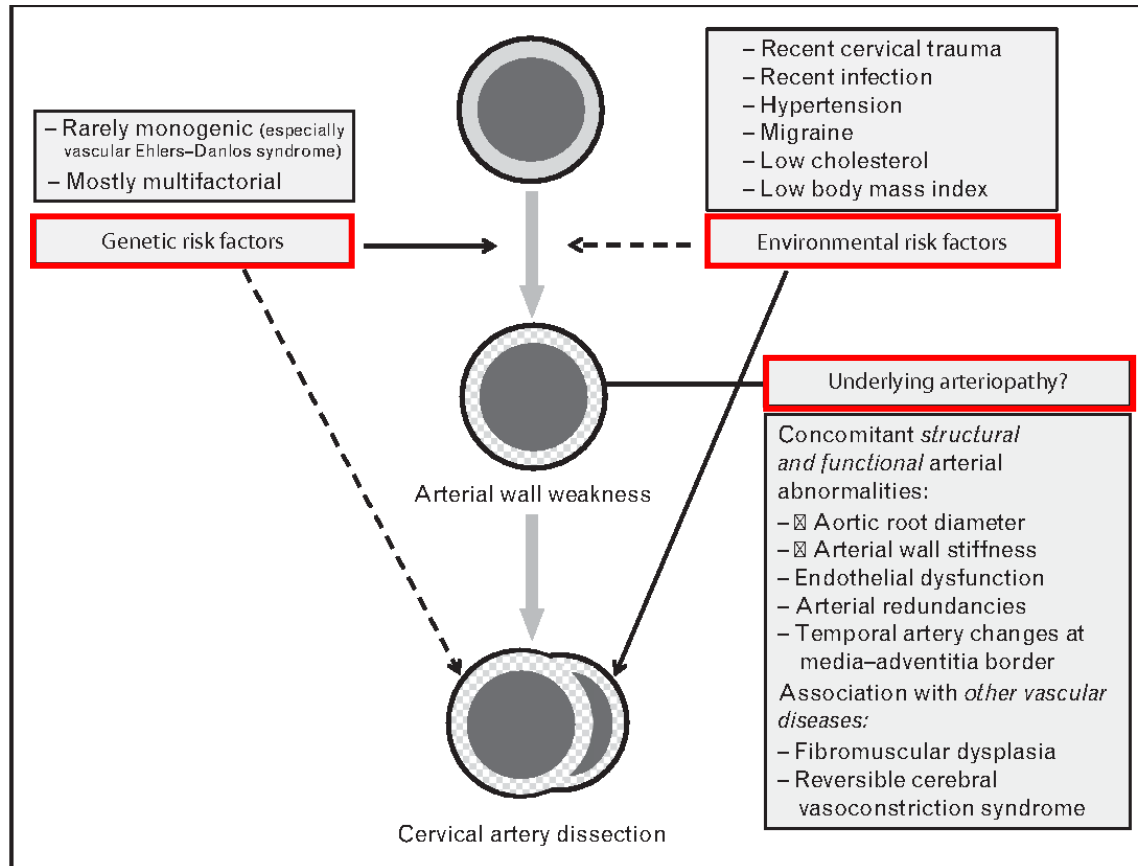


**Stephanie Debette<sup>1,2</sup> , Mikael Mazighi<sup>3,4,5,6,7</sup>, Philippe Bijlenga<sup>8</sup>, Alessandro Pezzini<sup>9</sup>, Masatoshi Koga<sup>10</sup>, Anna Bersano<sup>11</sup>, Janika Kõrv<sup>12,13</sup> , Julien Haemmerli<sup>8</sup>, Isabella Canavero<sup>11</sup>, Piotr Tekielia<sup>14</sup>, Kaori Miwa<sup>10</sup>, David J Seiffge<sup>15</sup>, Sabrina Schilling<sup>16</sup>, Avtar Lal<sup>16</sup>, Marcel Arnold<sup>15</sup>, Hugh S Markus<sup>17</sup>, Stefan T Engelter<sup>18,19</sup> and Jennifer J Majersik<sup>14</sup>**

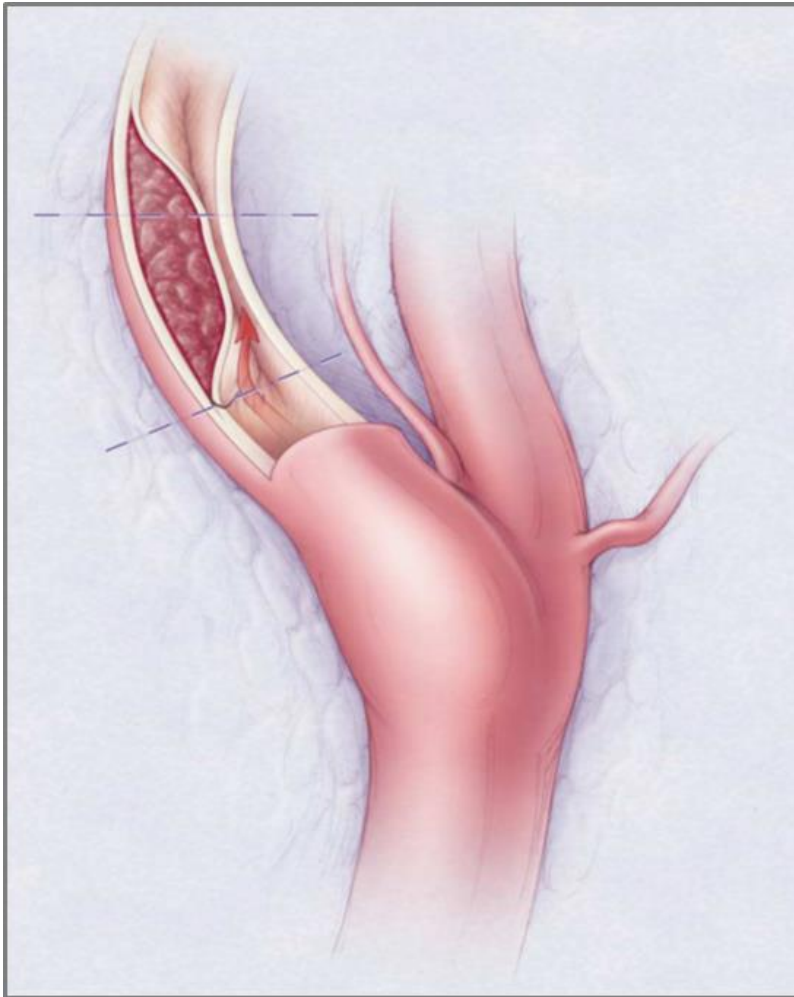
# Pathofysiologie CAD



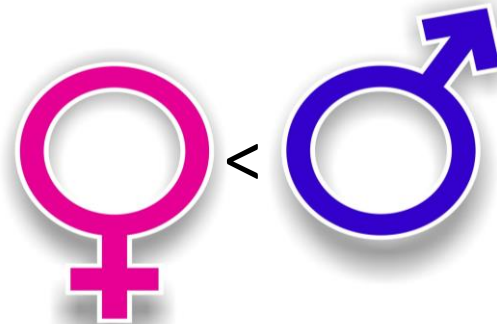
# Etiologie



# Epidemiologie



2,6/100.000

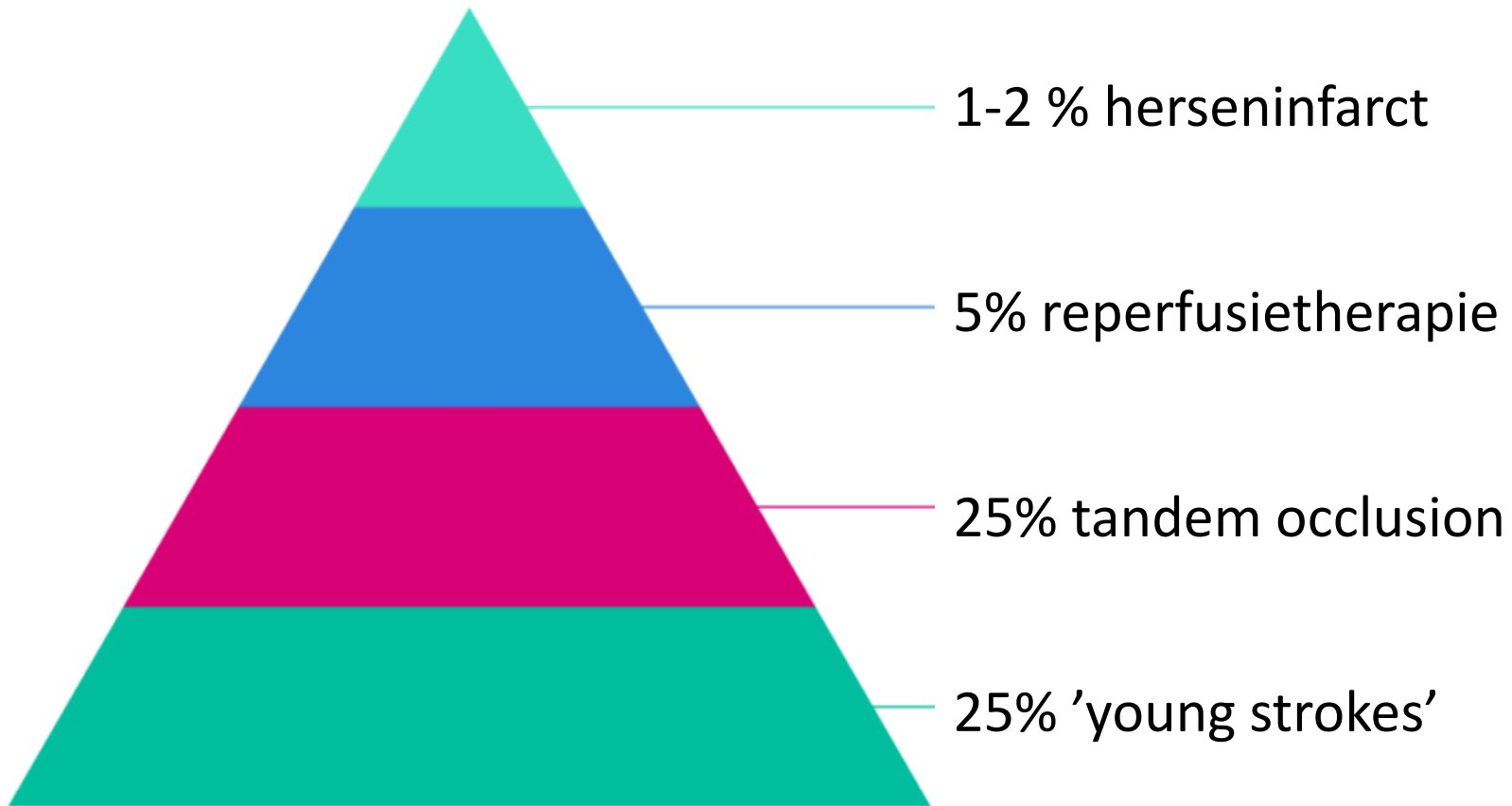


mediaan 45 jr

ICA : VA = 3:2

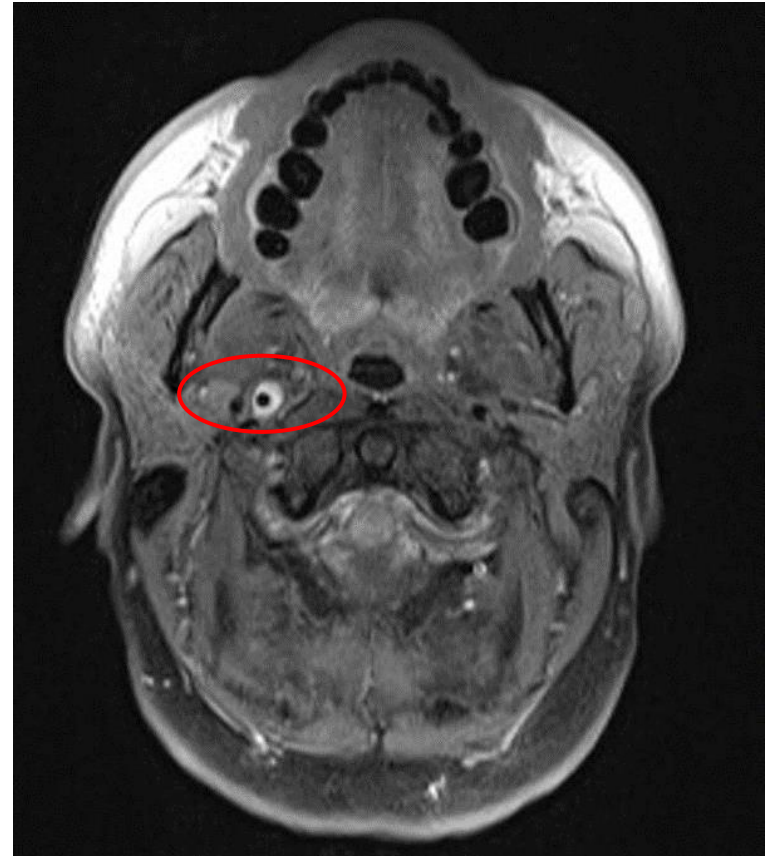
multipel in 15%

# Epidemiologie





# Beeldvorming



# Acute behandeling CAD



# Intraveneuze trombolyse (IVT)

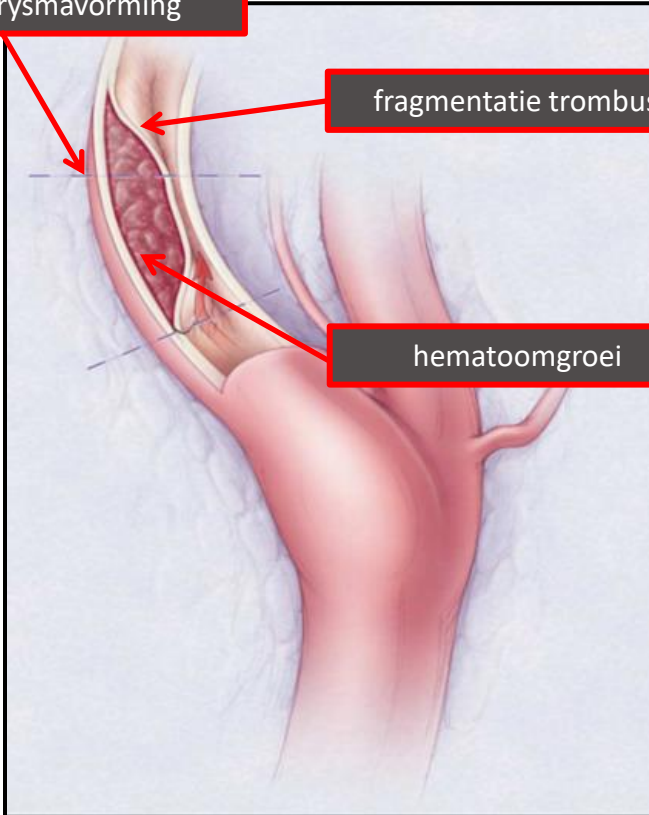
## Potentiele risico's

aneurysmavorming

fragmentatie trombus

hematoomgroeï

alleen retrospectieve data



# IVT - veiligheid

	N	SICH	%	mortaliteit	%
Zinkstok (2011)	121	3/121	3,3 (1,0 - 8,5)	8/120	6,7 (2,2 - 11,1)
Qureshi (2011)	488	-	6,9	-	11,2
Tsivgoulis (2015)	234	-	2,0 (0,0 - 5,0)	-	4,0 (0,0 - 8,0)
Lin (2016)	174	0/152	0,0	5/152	3,3

# IVT - effectiviteit

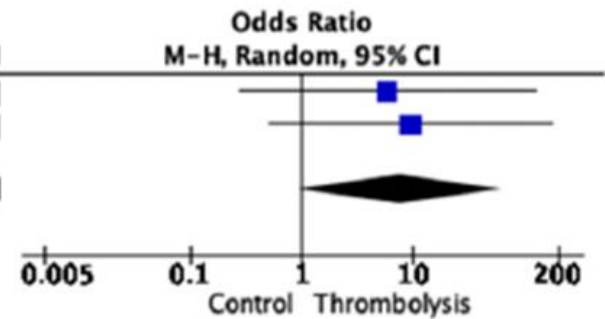
CAD IVT			
	N	mRS 0-1	% (95% BI)
Zinkstok (2011)	121	40/120	41,0 (25,5-42,2)
Qureshi (2011)	488	-	30,4
Tsivgoulis (2015)	234	26/83	31,3
Lin (2016)	174	50/150	33,3

# IVT vs no IVT - effectiviteit

SICH

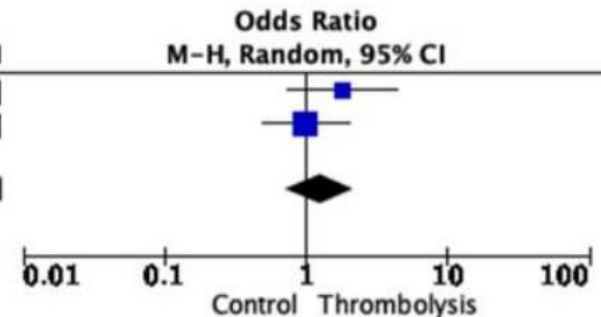
(b)

Study or Subgroup	Thrombolysis		Control		Weight	Odds Ratio M-H, Random, 95% CI
	Events	Total	Events	Total		
Bernardo 2019	2	38	0	43	47.9%	5.96 [0.28, 128.12]
Engelter 2012	4	64	0	64	52.1%	9.60 [0.51, 181.99]
Total (95% CI)		102		107	100.0%	7.64 [0.91, 63.86]
Total events	6		0			
Heterogeneity: $\tau^2 = 0.00$ ; $\text{Chi}^2 = 0.05$ , $\text{df} = 1$ ( $P = 0.83$ ); $I^2 = 0\%$						
Test for overall effect: $Z = 1.88$ ( $P = 0.06$ )						



mRS 0-2

Study or Subgroup	Thrombolysis		Control		Weight	Odds Ratio M-H, Random, 95% CI
	Events	Total	Events	Total		
Bernardo 2019	26	38	24	44	37.5%	1.81 [0.73, 4.47]
Engelter 2012	35	64	35	64	62.5%	1.00 [0.50, 2.01]
Total (95% CI)		102		108	100.0%	1.25 [0.71, 2.19]
Total events	61		59			
Heterogeneity: $\tau^2 = 0.00$ ; $\text{Chi}^2 = 1.03$ , $\text{df} = 1$ ( $P = 0.31$ ); $I^2 = 3\%$						
Test for overall effect: $Z = 0.77$ ( $P = 0.44$ )						



# IVT - aanbeveling



- Pas bij patiënten met een herseninfarct door CAD IVT met alteplase toe < 4, 5 uur (bewijsgraad: laag)

# Endovasculaire behandeling (EVT)



tergooimc



alleen retrospectieve data

trombectomie

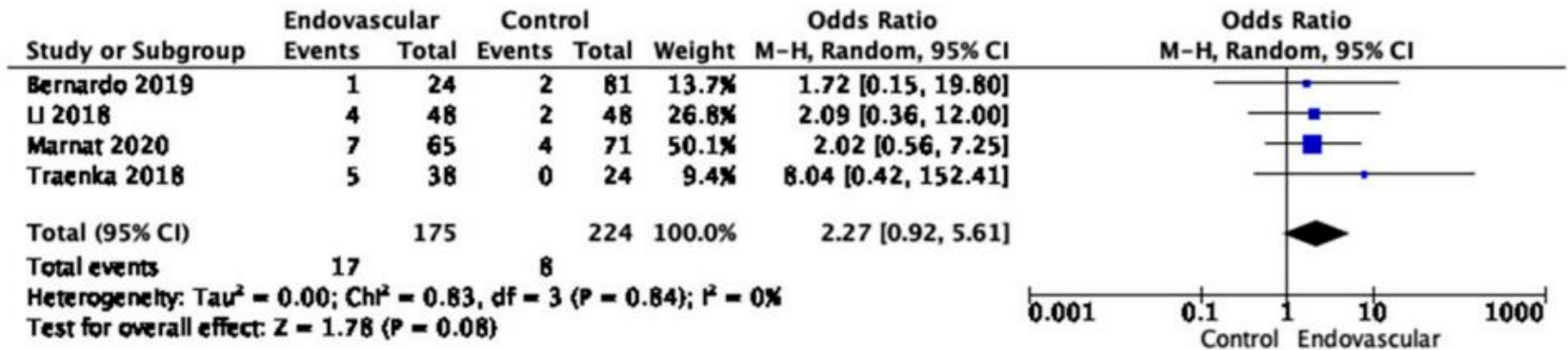
bridging

stent

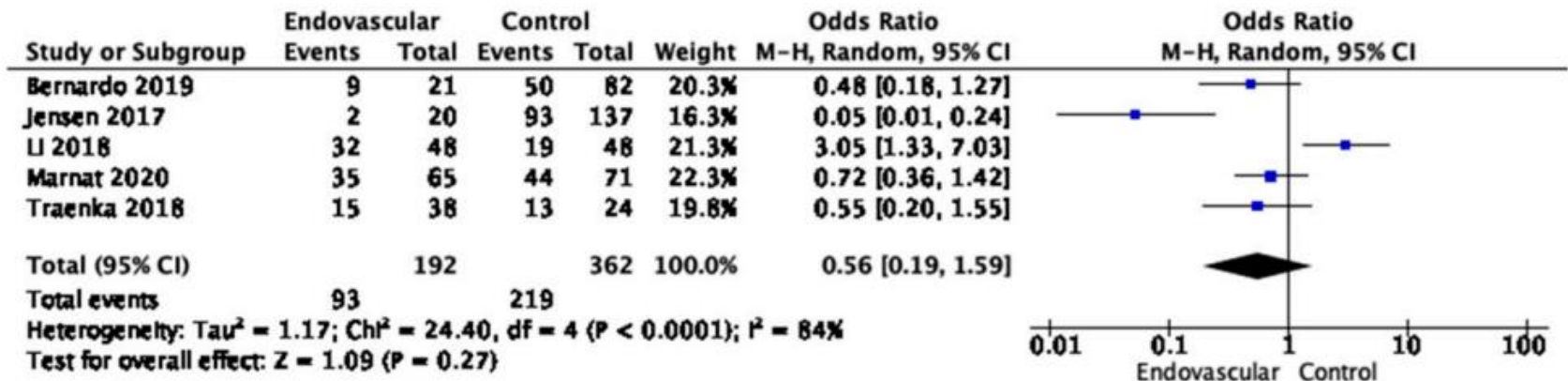


# EVT vs no EVT

## SICH



## mRS 0-2



# SICH EVT – CAD vs no CAD

	CAD EVT		No CAD EVT		p of OR (95% BI)
	N	SICH	N	SICH	
Marnat (2016)	20	1/20 (5,0)	201	9/201 (4,5)	0,49
Jensen (2017)	24	1/24 (4,2)	421	27/421 (6,4)	-
Compagne (2019)	74	4/74 (5,4)	92	10/92 (10,9)	1.72 (0.84–3.50)
Karam (2021)	43	3/43 (7,0)	86	4/86 (4,7)	1,54 (0,33-2,79)

# Outcome EVT – CAD vs no CAD

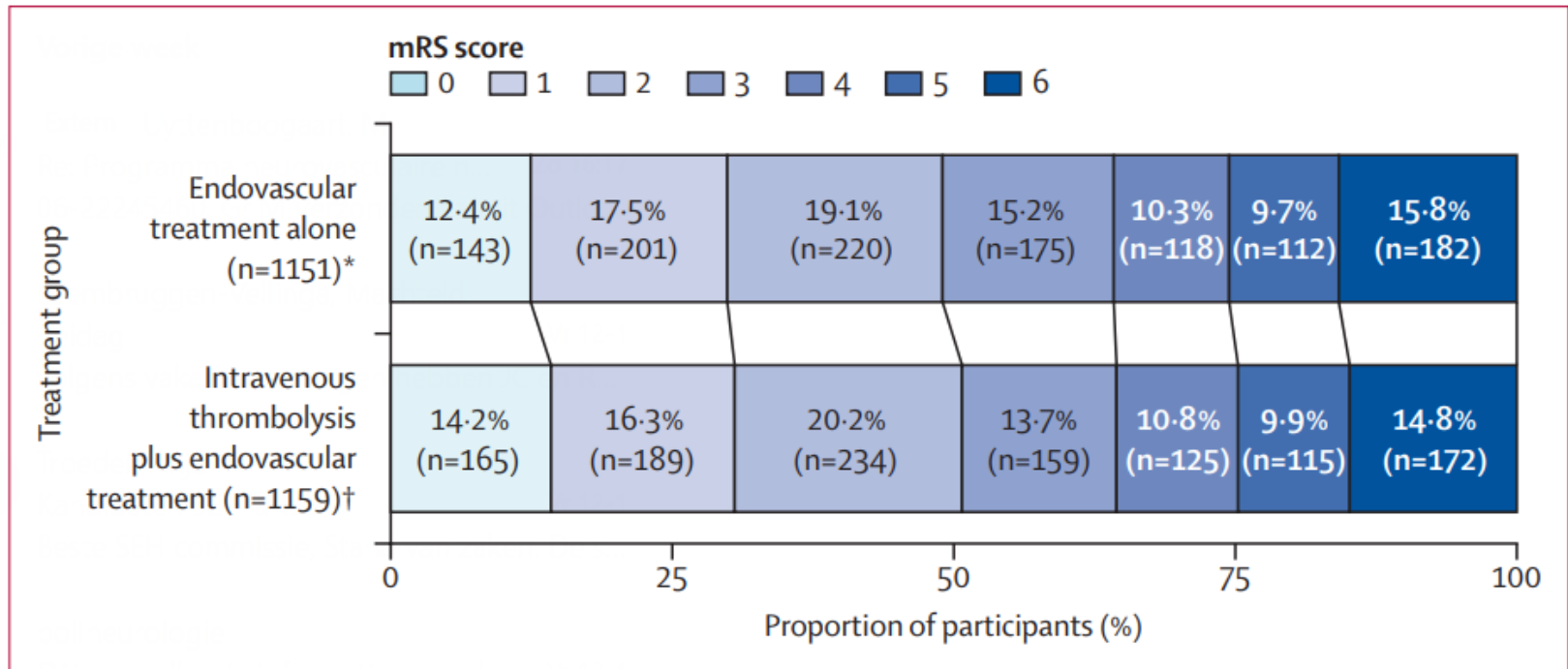
	CAD EVT		No CAD EVT		p of OR (95% BI)
	N	mRS 0-2	N	mRS 0-2	
Marnat (2016)	20	14/20 (70,0)	201	92/183 (50,3)	0,09
Jensen (2017)	24	13/20 (65,0)	421	145/270 (53,7)	0,58 (0,30-5,00)
Compagne (2019)	74	36/70 (51,4)	92	27/90 (30,0)	1,72 (0.84–3.50)
Karam (2021)	43	24/43 (55,8)	86	43/86 (50,0)	1,26 (0,61-2,64)

# EVT aanbeveling

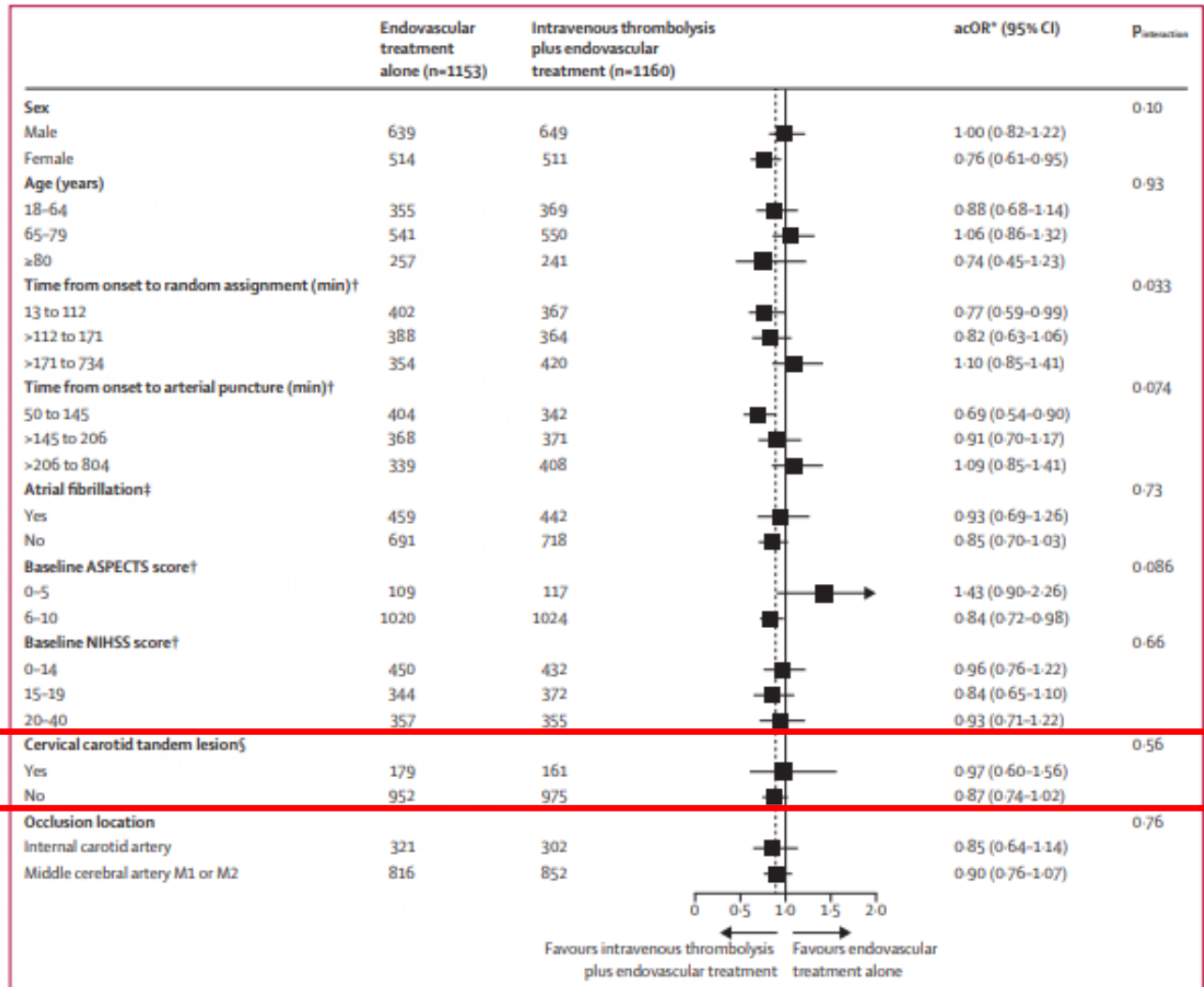


- Pas bij CAD patiënten met een proximale occlusie van de voorste circulatie mechanische trombectomie toe (bewijsgraad: zeer laag)

# Alleen EVT vs bridging



# Bridging bij tandem occlusie



# Bridging in CAD - ETIS & TITAN

Outcome	Intravenous thrombolysis		Unadjusted		Adjusted <sup>††</sup>	
	No (n=50)	Yes (n=94)	Effect size (95% CI)	P	Effect size (95% CI)	P
<b>Angiographic outcomes</b>						
Successful reperfusion	32/50 (64.0)	78/94 (83.0)	2.74 (1.24 to 6.04)*	0.012	2.63 (1.12 to 6.15)*	0.025
First pass effect	14/50 (28.0)	33/94 (35.1)	1.39 (0.65 to 2.95)*	0.39	1.31 (0.87 to 1.42)*	0.33
Groin puncture to reperfusion (min) <sup>†</sup>	70 (40 to 87) <sup>†</sup>	72 (50 to 89) <sup>†</sup>	0.07 (-0.18 to 0.32) <sup>§</sup>	0.56	0.11 (-0.14 to 0.35) <sup>§</sup>	0.38
Number of passes	2 (1 to 3) <sup>†</sup>	2 (1 to 3) <sup>†</sup>	1.10 (0.57 to 2.10) <sup>  </sup>	0.78	1.38 (0.70 to 2.68) <sup>  </sup>	0.35
Procedural complications <sup>††</sup>	9/50 (18.0) <sup>†</sup>	9/94 (9.6) <sup>†</sup>	0.48 (0.17 to 1.31)*	0.15	0.46 (0.15 to 1.33)*	0.15
<b>Clinical outcomes</b>						
90-day favorable outcome	22/46 (47.8)	57/91 (62.6)	1.83 (0.89 to 3.75)*	0.099	1.69 (0.80 to 3.54)*	0.16
90-day excellent outcome	6/46 (13.0)	36/91 (39.6)	4.36 (1.67 to 11.34)*	0.003	4.23 (1.60 to 11.18)*	0.004
90-day mortality	6/46 (13.0)	4/91 (4.4)	0.32 (0.08 to 1.12)*	0.079	0.43 (0.11 to 1.63)*	0.21
24-hour change in NIHSS	0.2 (-2.2 to 2.7)**	3.2 (1.4 to 5.0)**	2.9 (-0.1 to -5.9) <sup>††</sup>	0.056	3.6 (0.6 to 4.6) <sup>††</sup>	0.018
24-hour change in ASPECTS	1.8 (1.2 to 2.4) <sup>  </sup>	1.1 (0.6 to 1.5) <sup>  </sup>	-0.8 (-1.5 to -0.1)**	0.028	-0.8 (-1.6 to -0.03)**	0.040
Day-1 patency of extracranial ICA	14/37 (37.8)	23/58 (39.7)	1.08 (0.46 to 2.52)*	0.86	0.69 (0.26 to 1.79)*	0.44
Any ICH	24/39 (61.5)	29/70 (41.4)	0.44 (0.19 to 0.99)*	0.046	0.41 (0.17 to 0.96)*	0.042
Parenchyma hematoma	7/39 (18.0)	6/70 (8.6)	0.43 (0.13 to 1.38)*	0.16	0.38 (0.11 to 1.29)*	0.14
slCH	7/47 (14.8)	4/94 (4.3)	0.25 (0.07 to 0.92)*	0.036	0.21 (0.05 to 0.80)*	0.021

# Carotid Stenting - ETIS & TITAN

	No stent (n=262)	Stent (n=341)	IPTW adjusted* OR (95%CI)	p-value	p-het
Overall	118/262 (45.0)	194/341 (57.0)	1.09 (1.01 to 1.19)	0.036	



0.50 1.0 2.0 4.0 8.0  
OR (95%CI)  
favors no stent favors stent



# Carotid Stenting - ETIS & TITAN

Characteristics	Extracranial CAS		Unadjusted*		Adjusted†	
	No (n=71)	Yes (n=65)	OR (95% CI)	P value	OR (95% CI)	P value
Angiographic outcomes						
mTICI 2b/3	48 (67.6)	58 (89.2)	3.97 (1.57 to 10.05)	0.004	2.24 (1.33 to 3.77)	0.002
mTICI 3	17 (23.9)	22 (33.9)	1.63 (0.77 to 3.45)	0.20	2.20 (1.70 to 3.22)	0.25
Procedural complications	10 (14.1)	6 (9.2)	0.62 (0.21 to 1.81)	0.38	0.74 (0.42 to 1.31)	0.30
Patency of extracranial carotid artery	37 (52.0)	52 (80.2)	3.79 (1.52 to 9.45)	0.005	1.82 (1.14 to 2.91)	0.013
Clinical outcomes						
90-day favorable outcome‡	44 (61.4)	35 (54.3)	0.75 (0.37 to 1.49)	0.41	0.84 (0.58 to 1.22)	0.36
90-day mortality	4 (5.8)	5 (8.0)	1.42 (0.36 to 5.56)	0.62	1.00 (0.48 to 2.09)	0.99
24 h change in NIHSS, mean (95% CI)§	-2.3 (-4.1 to -0.5)	-2.7 (-4.9 to -0.5)	-0.40 (-3.25 to 2.46)¶	0.78	-0.68 (-3.61 to 2.24)¶¶	0.65
Hemorrhagic complications						
sICH	4 (5.6)	7 (10.8)	2.02 (0.56 to 7.25)	0.28	1.59 (0.79 to 3.17)	0.19

# Secundaire preventie

**Ik zal een  
recept uitschrijven  
met wat medicijnen  
tegen uw luiheid, die  
kunt u straks ophalen  
bij de apotheek hier-  
naast.**

**Kunnen  
ze het niet  
opsturen?**



Wat schrijft u voor als  
secundaire preventie bij CAD?

A) clopidogrel

B) ASA

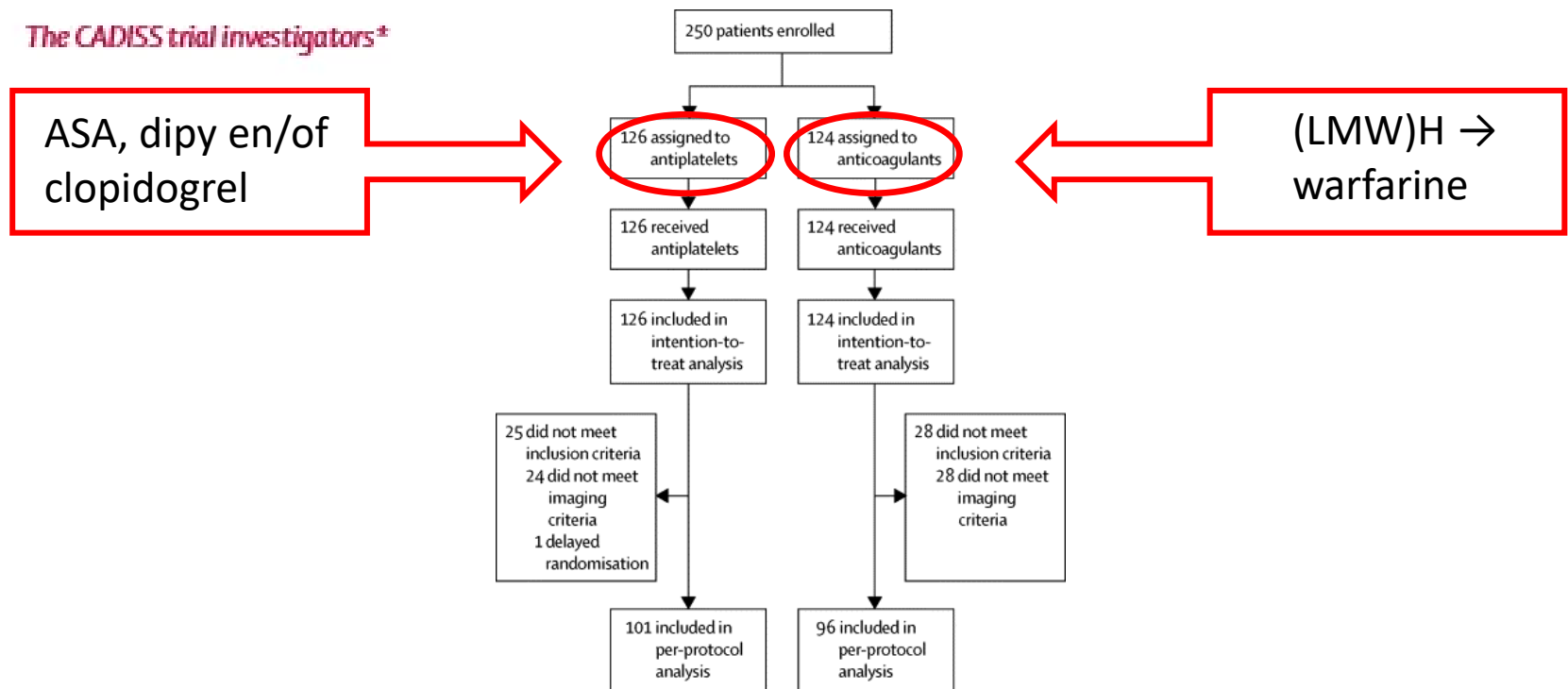
C) DOAC

D) LMWH / vitamine K antagonist

# Secundaire preventie: CADISS

## Antiplatelet treatment compared with anticoagulation treatment for cervical artery dissection (CADISS): a randomised trial

The CADISS trial investigators\*



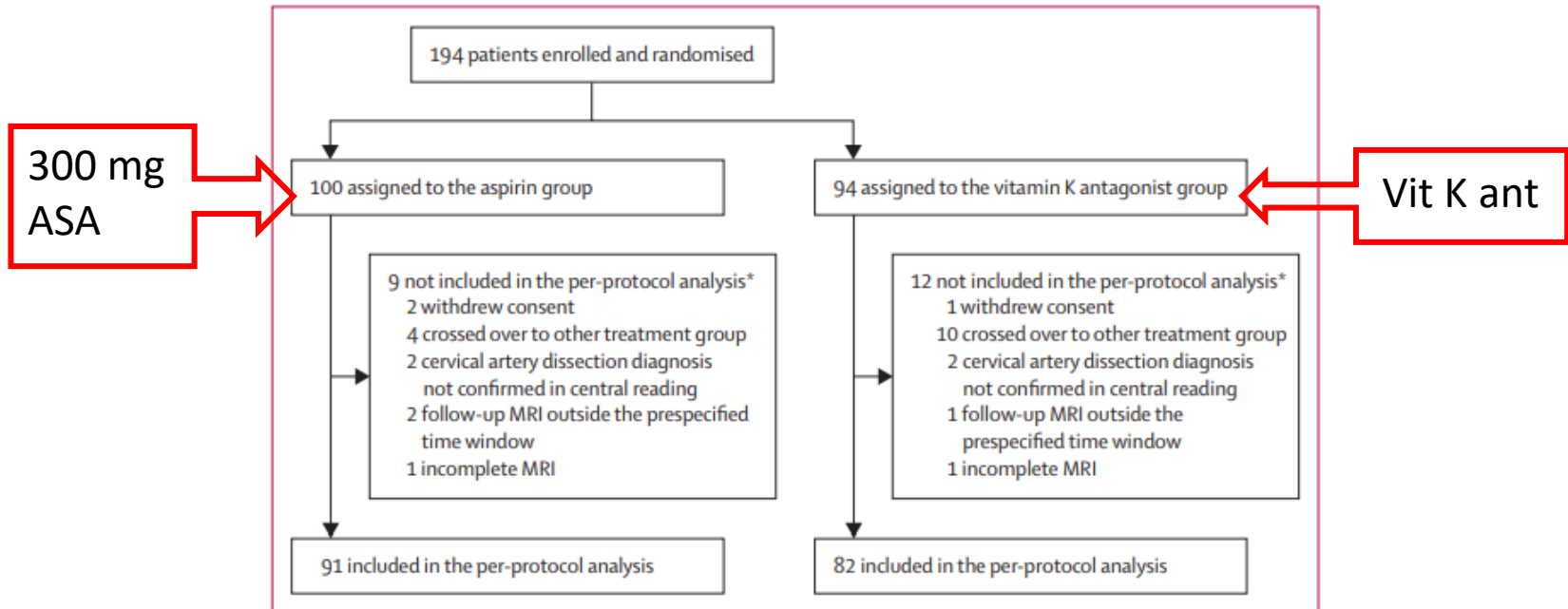
# Uitkomsten CADISS – 3 maanden

	Intention-to-treat population				Per-protocol population			
	Antiplatelet group (n=126)	Anticoagulant group (n=124)	OR (95% CI)*	p value	Antiplatelet group (n=101)	Anticoagulant group (n=96)	OR (95% CI)*	p value
Ipsilateral stroke or death	3 (2%)	1 (1%)	0.335 (0.006–4.233)	0.63	3 (3%)	1 (1%)	0.346 (0.006–4.390)	0.66
Secondary endpoints								
Any stroke or death	3 (2%)	1 (1%)	0.335 (0.006–4.233)	0.63	3 (3%)	1 (1%)	0.346 (0.006–4.390)	0.66
Any stroke, death, or major bleed	3 (3%)	2 (2%)	0.673 (0.055–5.983)	1.00	3 (3%)	2 (2%)	0.696 (0.057–6.220)	1.00
Any stroke	3 (2%)	1 (1%)	0.335 (0.006–4.233)	0.63	3 (3%)	1 (1%)	0.346 (0.006–4.390)	0.66
Ipsilateral stroke, TIA, or death	4 (3%)	5 (4%)	1.280 (0.268–6.614)	0.98	4 (4%)	4 (4%)	1.054 (0.190–5.835)	1.00
Any stroke or TIA	5 (4%)	5 (4%)	1.017 (0.228–4.540)	1.00	5 (5%)	4 (4%)	0.836 (0.161–4.015)	1.00
Major bleeding	0 (0%)	1 (1%)	..	..	0 (0%)	1 (1%)	..	..
Death	0 (0%)	0 (0%)	..	..	0 (0%)	0 (0%)	..	..



# Secundaire preventie: TREAT-CAD tergooimc

## Aspirin versus anticoagulation in cervical artery dissection (TREAT-CAD): an open-label, randomised, non-inferiority trial

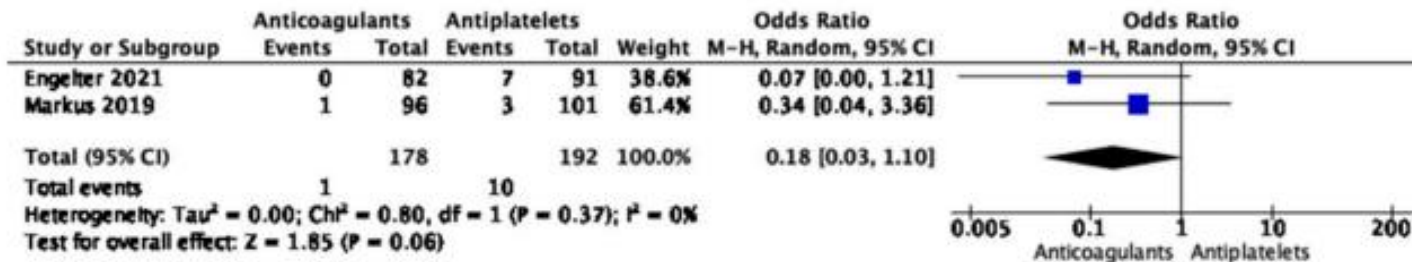


# Uitkomsten TREAT CAD

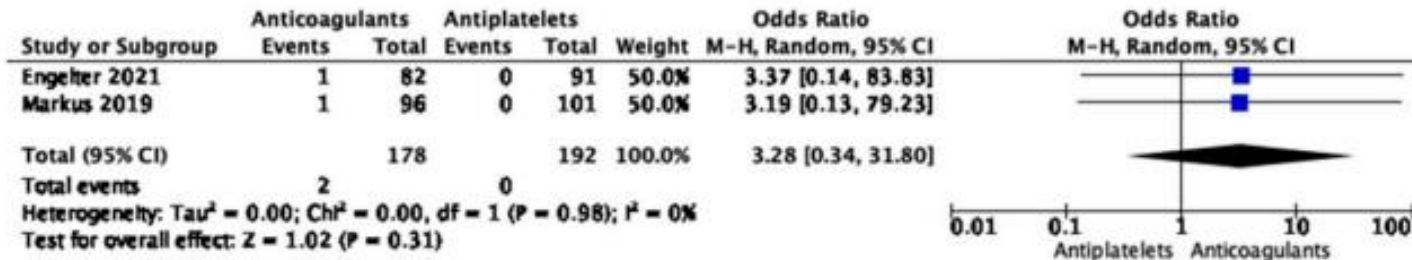
	Per-protocol population (n=173)		Full analysis set population (n=194)	
	Aspirin group (n=91)	Vitamin K antagonist group (n=82)	Aspirin group (n=100)*	Vitamin K antagonist group (n=94)†
<b>Primary endpoint</b>				
Composite of clinical outcomes and MRI outcomes	21 (23%)	12 (15%)	22 (23%)	12 (13%)
Clinical outcomes	7 (8%)	1 (1%)	7 (7%)	1 (1%)
Ischaemic stroke	7 (8%)‡	0	7 (7%)‡	0
Major extracranial haemorrhage	0	1 (1%)	0	1 (1%)
Symptomatic intracranial haemorrhage	0	0	0	0
Death	0	0	0	0
MRI outcomes (all)	20 (22%)	11 (13%)	21 (22%)	11 (12%)
New acute ischaemic brain lesion	9 (10%)	6 (7%)	10 (10%)	6 (6%)
New haemorrhagic brain lesion	9 (10%)	4 (5%)	9 (9%)	4 (4%)
New acute ischaemic and haemorrhagic lesion	2 (2%)	1 (1%)	2 (2%)	1 (1%)
MRI outcomes without symptoms	14 (15%)	11 (13%)	15 (15%)	11 (12%)
New acute ischaemic brain lesion	3 (3%)	6 (7%)	4 (4%)	6 (6%)
New haemorrhagic brain lesion	9 (10%)	4 (5%)	9 (9%)	4 (4%)
New acute ischaemic and new haemorrhagic lesion	2 (2%)	1 (1%)	2 (2%)	1 (1%)
<b>Secondary endpoints</b>				
Recurrent dissection	3 (3%)	2 (2%)	3 (3%)§	2 (2%)¶
Increase of vessel wall haematoma	1 (1%)	1 (1%)	1 (1%)§	5 (5%)¶
Transient ischaemic attack	0	2 (2%)	0§	2 (2%)¶
Excellent functional outcome (mRS score 0–1 at 3 months)	70 (77%)	62 (77%)¶	78 (79%)¶	72 (78%)
Independence in activities of daily living (mRS score 0–2 at 3 months)	88 (97%)	80 (99%)¶	96 (97%)¶	90 (98%)

# TAR vs VKA – meta-analyse

## Recidief stroke



## SICH





# Sec preventie - aanbeveling



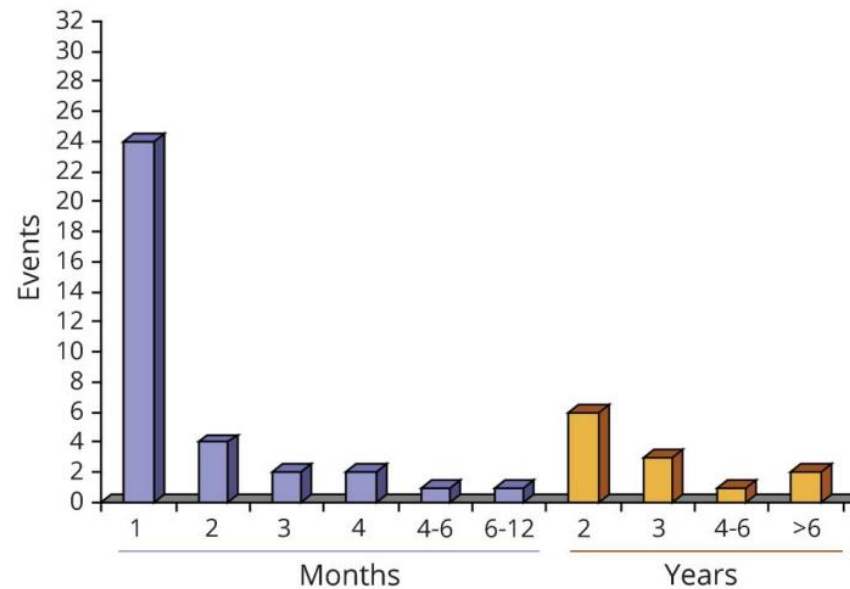
- Schrijf bij een symptomatische CAD plaatjesremmers of anticoagulantia voor
  - Mate van bewijs: gemiddeld

# Secundaire preventie: DOAC?

Variable	NOAC (n = 39)	AC (n = 70)	AP (n = 40)	Total (n = 149)	p value
<b>Demographics</b>					
Female sex	22 (56.4)	49 (70.0)	23 (57.5)	94 (63.1)	0.257
Age, years	42.3±12.1	41.4±15.0	48.1±13.2	43.4±14.0	0.042
Migraine	7 (17.9)	13 (18.6)	6 (15.0)	26 (17.4)	0.889
Hypertension	10 (25.6)	13 (18.6)	8 (20.0)	31 (20.8)	0.677
Diabetes	1 (2.6)	1 (1.4)	1 (2.5)	3 (2.0)	0.892
Hyperlipidemia	6 (15.4)	7 (10.0)	3 (7.5)	16 (10.7)	0.508
Prior stroke	0 (0.0)	3 (4.3)	0 (0.0)	3 (2.0)	0.178
Atrial fibrillation	0 (0.0)	2 (2.9)	1 (2.0)	3 (2.0)	0.576
Coronary artery disease	0 (0.0)	1 (1.4)	3 (7.5)	4 (2.7)	0.080
<b>Presentation</b>					
Headache	26 (66.7)	35 (50.0)	17 (42.5)	78 (52.3)	0.086
Neck pain	21 (34.4)	26 (37.1)	14 (35.0)	61 (40.9)	0.158
Ischemic symptoms	25 (64.1)	38 (54.3)	18 (45.0)	81 (54.4)	0.234
Explicit trauma	18 (46.2)	33 (47.1)	18 (45.0)	69 (46.3)	0.977
<b>Clinical events on follow-up</b>					
All hemorrhagic complications	2 (5.1)	11 (15.7)	2 (5.0)	15 (10.1)	0.369
Major hemorrhagic complications	0 (0.0)	8 (11.4)	1 (2.5)	9 (6.0)	0.034
Heartburn or peptic ulcer disease	1 (2.6)	1 (1.4)	1 (2.5)	3 (2.0)	0.810
Recurrent stroke	2 (5.1)	1 (1.4)	1 (2.5)	4 (2.7)	0.822
<b>Imaging findings on follow-up</b>					
<b>Change in stenosis</b>					
Resolved	11 (31.4)	23 (37.7)	14 (48.3)	48 (38.4)	0.090
Improved	10 (28.6)	17 (27.9)	4 (13.8)	31 (24.8)	
No change	11 (31.4)	21 (34.4)	11 (37.9)	43 (34.4)	
Worsened	3 (8.6)	0 (0.0)	0 (0.0)	3 (2.4)	

# Langetermijn follow-up

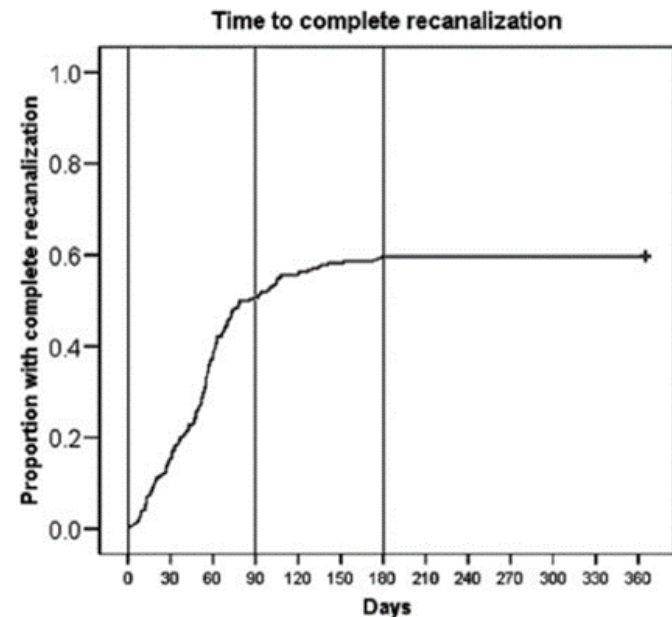
	First CeAD events (n = 238)
Ischemic stroke	164 (68.9)
TIA	25 (10.5)
Purely local symptoms	49 (20.6)
Asymptomatic	0



# Secundaire preventie: duur?

## Angiografische data na 3 mnd (n=181)

- 61 (34%) geen afwijkingen
- 64 (35%) onregelmatigheid of stenose
- 45 (25%) occlusie
- 29 (16%) dissectie-aneurysma



# Sec preventie - aanbeveling



- Expert opinion:

Continueer secundaire preventie na een CAD in geval van een residu stenose of aneurysma

# Acutefasebehandeling en secundaire preventie van cervicale arteriële dissectie

Non-invasive medical treatment of cervical artery dissection

drs. A.H.P. Schalkwijk<sup>1,4</sup>, dr. S. Akoudad<sup>2,4</sup>, dr. G.J.R. Lujckx<sup>2,4</sup>, dr. M. Uyttenboogaart<sup>2,3,4</sup>

# Boodschappen

- Behandel een herseninfarct door een CAD in de acute fase als ieder ander herseninfarct
- Schrijf na een CAD plaatjesremming of antistolling voor
- Late recidieven komen voor maar zijn zelden ernstig



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# Pseudo-aneurysmata in CADISS

In 248 patients with follow-up imaging at 3 months

DA	Baseline			3 months		
	All	ICA	VA	All	ICA	VA
Yes	24 (9.7)	13 (11.3)	11 (8.3)	36 (14.5)	21 (18.3)	15 (11.3)
No	224 (90.3)	102 (88.7)	122 (91.7)	212 (85.5)	94 (81.7)	118 (88.7)

Risico stroke : 1/48 (2,1%) met DA versus 7/216 (3,2%) zonder DA