

# Status epilepticus

Janneke Horn





# Belangen

- Onderzoek: ZonMw, Hersenstichting, AmsterdamUMC, RAL fonds
- Aandeelhouder:



## FINE CUISINE IN AMSTERDAM

Geniet van ons heerlijke eten

### LARS WEER OPEN! | UPDATE

Wij gaan eindelijk weer open. Wij hebben onze gasten heel erg gemist tijdens de feestdagen. Wij zijn druk bezig met het ontwikkelen van nieuwe gerechten en kunnen niet wachten om weer te beginnen.

### NIEUWE OPENINGSTIJDEN '22

**Lunch:** Vrijdag t/m Zondag 12:00-17:00

**Diner:** Woensdag t/m Zaterdag 18:00-22:00

Op overige dagen zijn wij geopend voor groepsaanvragen vanaf 20 gasten.

### MENU '22

Wij serveren tijdens het diner ons 5 of 6 gangen menu



# Wie??

- Patient met insult afgelopen maand?
- SE afgelopen maand?



# Status epilepticus

- Definities
- Behandeling
- Diagnostiek

## status epilepticus

### Complications :-

mnemonic :- "HARRAS"

H ⇒ Hyperthermia

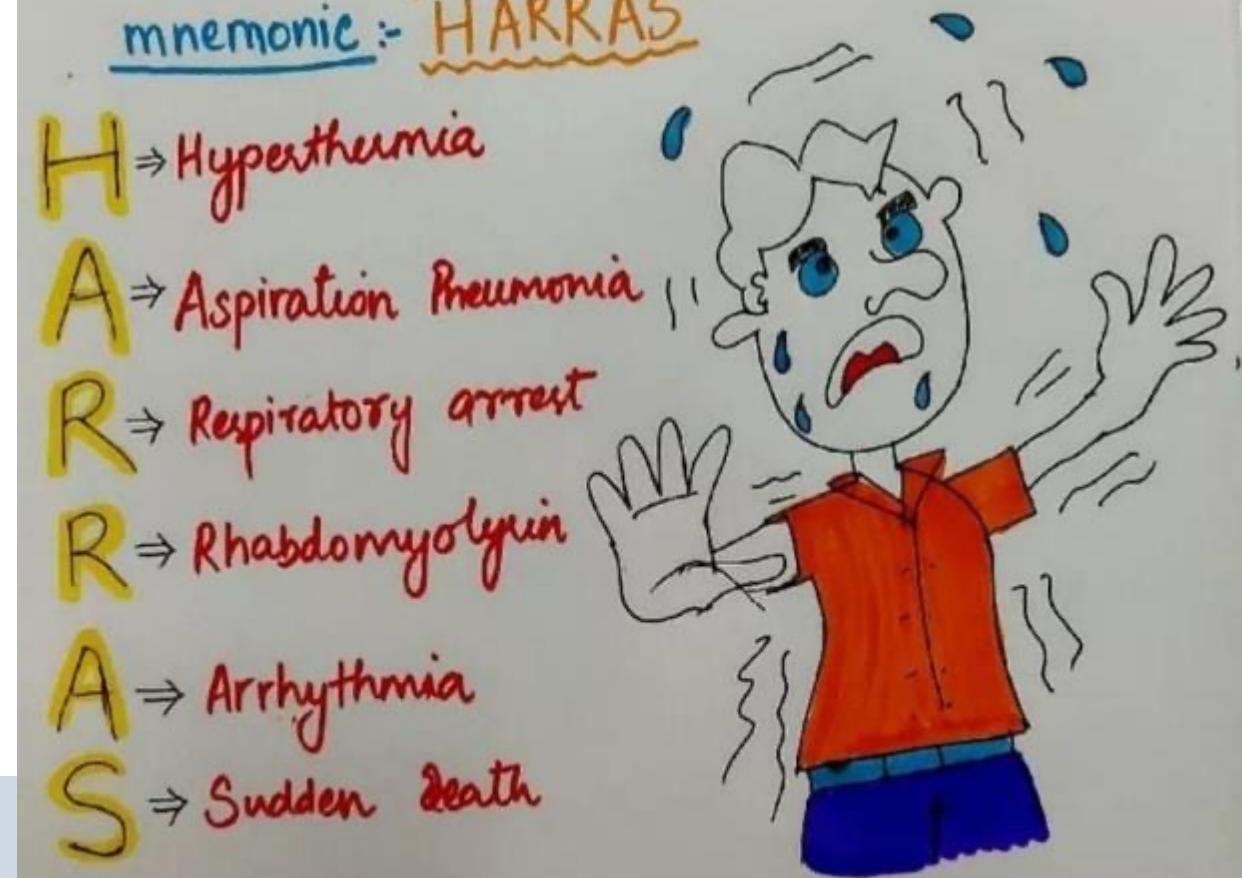
A ⇒ Aspiration Pneumonia

R ⇒ Respiratory arrest

R ⇒ Rhabdomyolysis

A ⇒ Arrhythmia

S ⇒ Sudden death





**A definition and classification of status epilepticus – Report of the ILAE Task Force on Classification of Status Epilepticus**

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††Shlomo Shinnar, §§Simon Shorvon, and §§Daniel H. Lowenstein

Epilepsia, 56(10):1515–1523, 2015  
doi: 10.1111/epi.13121

## SUMMARY

The Commission on Classification and Terminology and the Commission on Epidemiology of the International League Against Epilepsy (ILAE) have charged a Task Force to re-examine the definition and classification of status epilepticus (SE). The proposed new definition of SE is as follows: *Status epilepticus is considered to be the sum of the forms of the mechanisms responsible for seizure termination or from the initiation of mechanisms, which lead to abnormally prolonged seizures (after time point  $t_1$ ), including neuronal death, neuronal injury, and alteration of neuronal networks, depending on the type of event and its severity.* This definition is operational, with two operational dimensions: the first is the length of the seizure and the time point ( $t_1$ ) beyond which the seizure should be regarded as “continuous seizure activity.” The second time point ( $t_2$ ) is the time of ongoing seizure activity after which there is a risk of long-term consequences. In the case of convulsive (tonic-clonic) SE, both time points ( $t_1$  at 5 min and  $t_2$  at 30 min) are based on animal experiments and clinical research. This evidence-based approach is considered to be the best available evidence. Other time points should be considered as the best estimates currently available. Data are not yet available for other forms of SE, but as knowledge and understanding increase, time points can be defined for specific forms of SE based on scientific evidence and incorporated into the definition, without changing the underlying concept. A classification system for the types of SE is presented, which will provide a framework for clinical diagnosis, investigation, therapeutic approaches for each patient. There are four axes: (1) semiology; (2) etiology; (3) electroencephalography (EEG) correlates; and (4) age. Axis 1 (semiology) lists different forms of SE divided into those with prominent motor systems, those without prominent motor systems, and currently indeterminate conditions (such as acute confusional states with or without focal features, and nonconvulsive status epilepticus with or without unknown causes). Axis 3 (EEG correlates) adopts the latest recommendations by consensus panels to use the following descriptors for the EEG: name of pattern, morphology, location, time-related features, modulation, and effect of intervention. Finally, axis 4 divides age groups into neonatal, infancy, childhood, adolescent and adulthood, and elderly.

**KEY WORDS:** Status epilepticus, Seizure, Definition, Classification, Seizure duration.

# Definitions

- SE = langdurige aanval = schadelijk

**E. Trinka et al.**

**Table 1. Operational dimensions with  $t_1$ , indicating the time that emergency treatment of SE should be started and  $t_2$  indicating the time at which long-term consequences may be expected**

Type of SE	Operational dimension 1 Time ( $t_1$ ), when a seizure is likely to be prolonged leading to continuous seizure activity	Operational dimension 2 Time ( $t_2$ ), when a seizure may cause long term consequences (including neuronal injury, neuronal death, alteration of neuronal networks and functional deficits)
Tonic-clonic SE	5 min	30 min
Focal SE with impaired consciousness	10 min	>60 min
Absence status epilepticus	10–15 min <sup>a</sup>	Unknown

<sup>a</sup>Evidence for the time frame is currently limited and future data may lead to modifications.

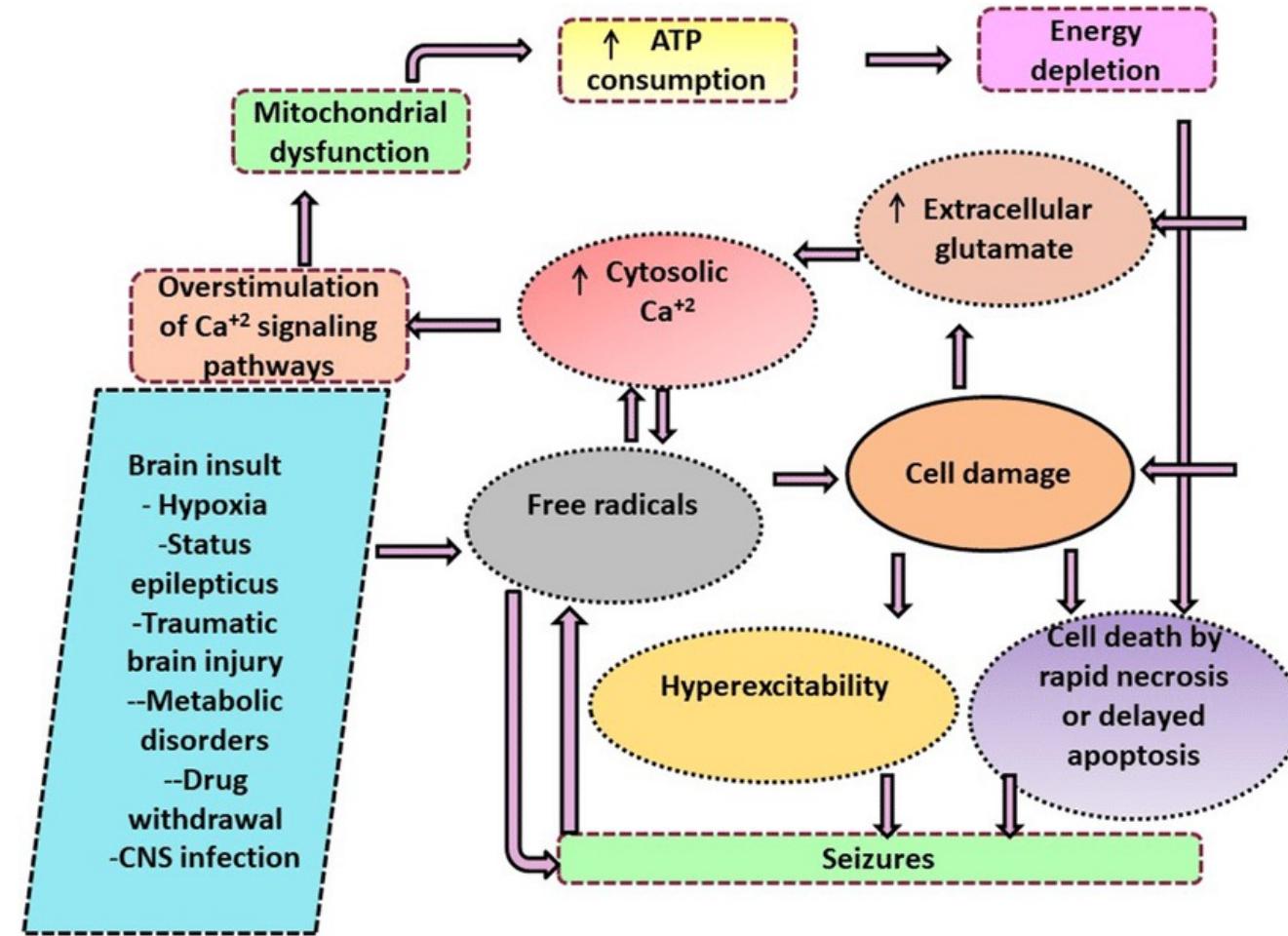


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# Schadelijk?

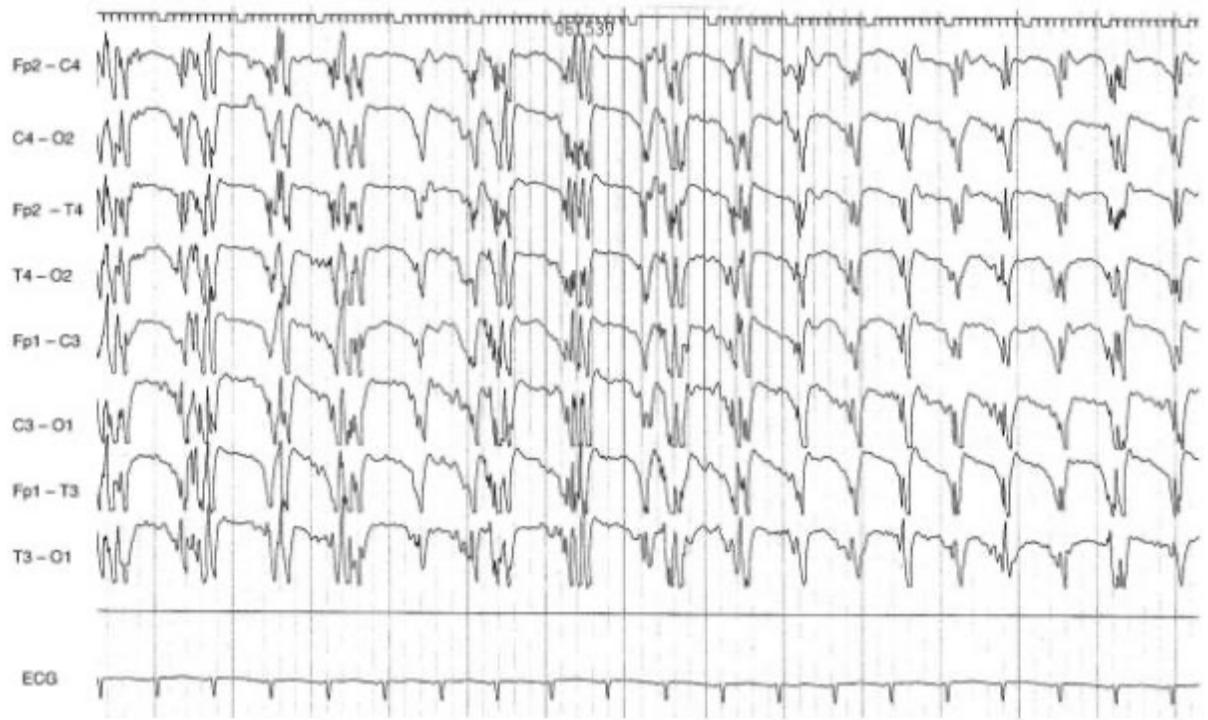
- Rhabdomyolyse & lactaat acidose
- Hypoxemie
- Hersenschade





# Definities

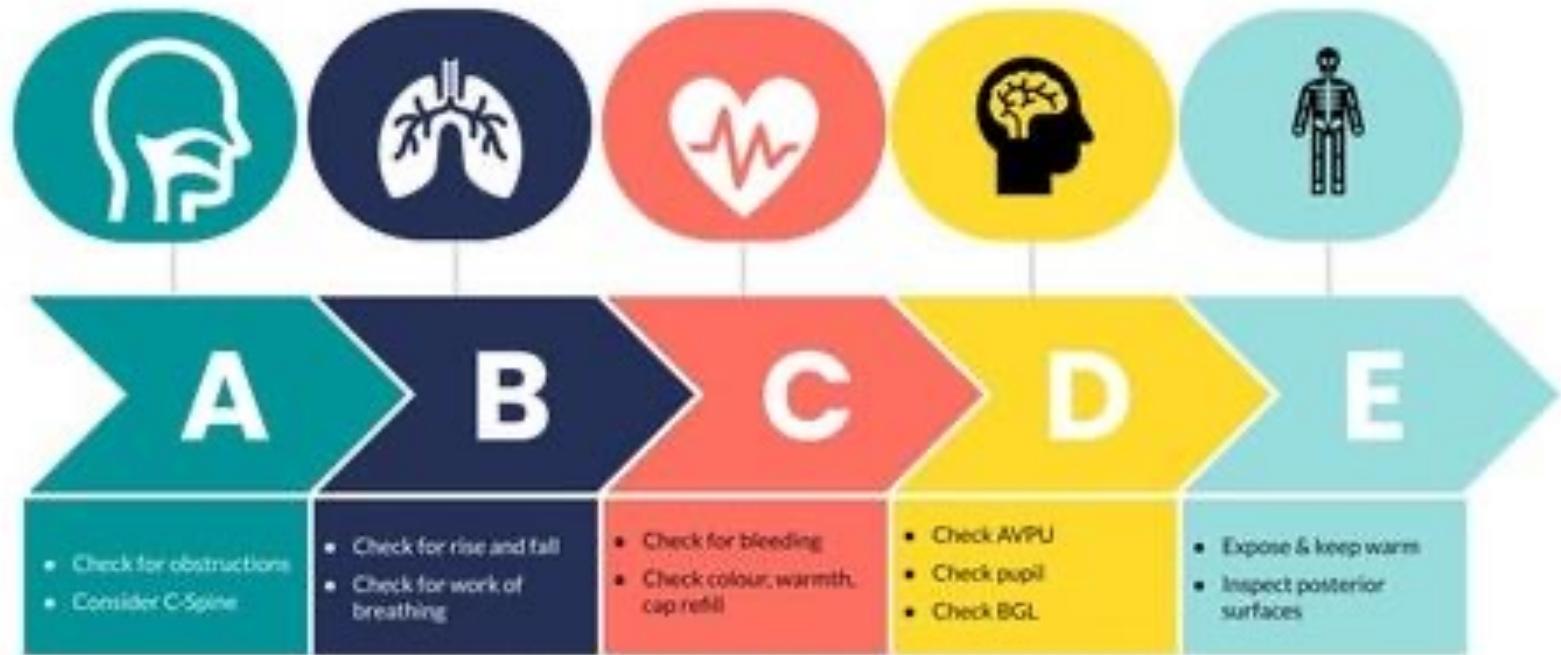
- Non-convulsieve SE
  - Geen trekkingen, wel SE
  - EEG diagnose
- Refractaire SE
  - SE gaat door na 2 medicamenten (incl benzo)
- Superrefractaire SE
  - SE duurt >24u ondanks therapie





# Opvang op SEH

- Twee sporen
  - ABCDE
    - F = frailty
    - G = glucose
  - Behandeling SE
  - Diagnostiek oorzaak SE





# Opvang SEH

- A & B bij Status Epilepticus
- Airway
- Breathing





# Behandeling SE

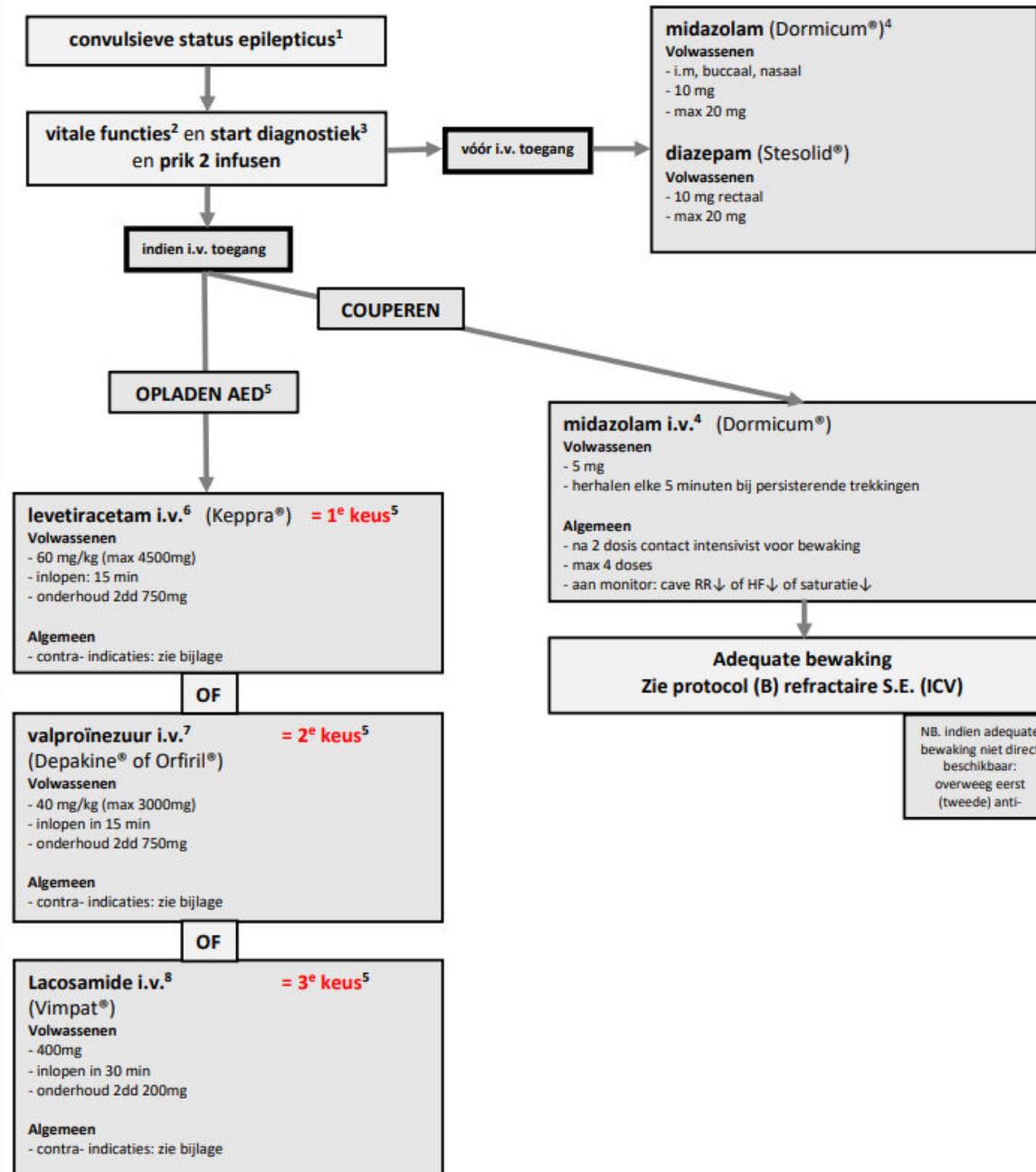
- Lokaal protocol?
- Eerste medicijn?
  - Hoe?
  - Welke AED ?
    - Anti-epileptic drug



# Protocol

- AmsterdamUMC

Flowdiagram CONVULSIEVE STATUS EPILEPTICUS  
(volwassenen)

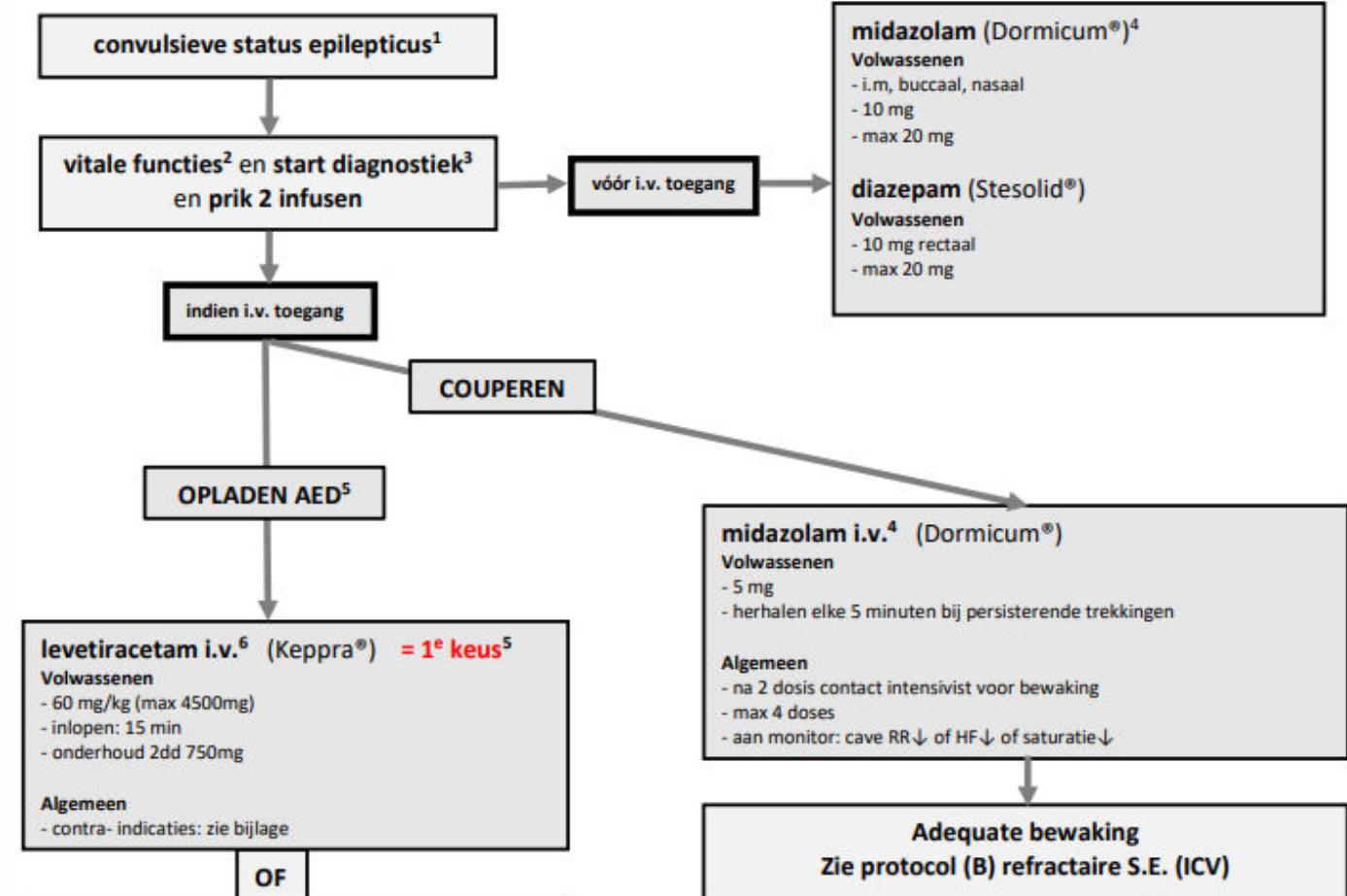




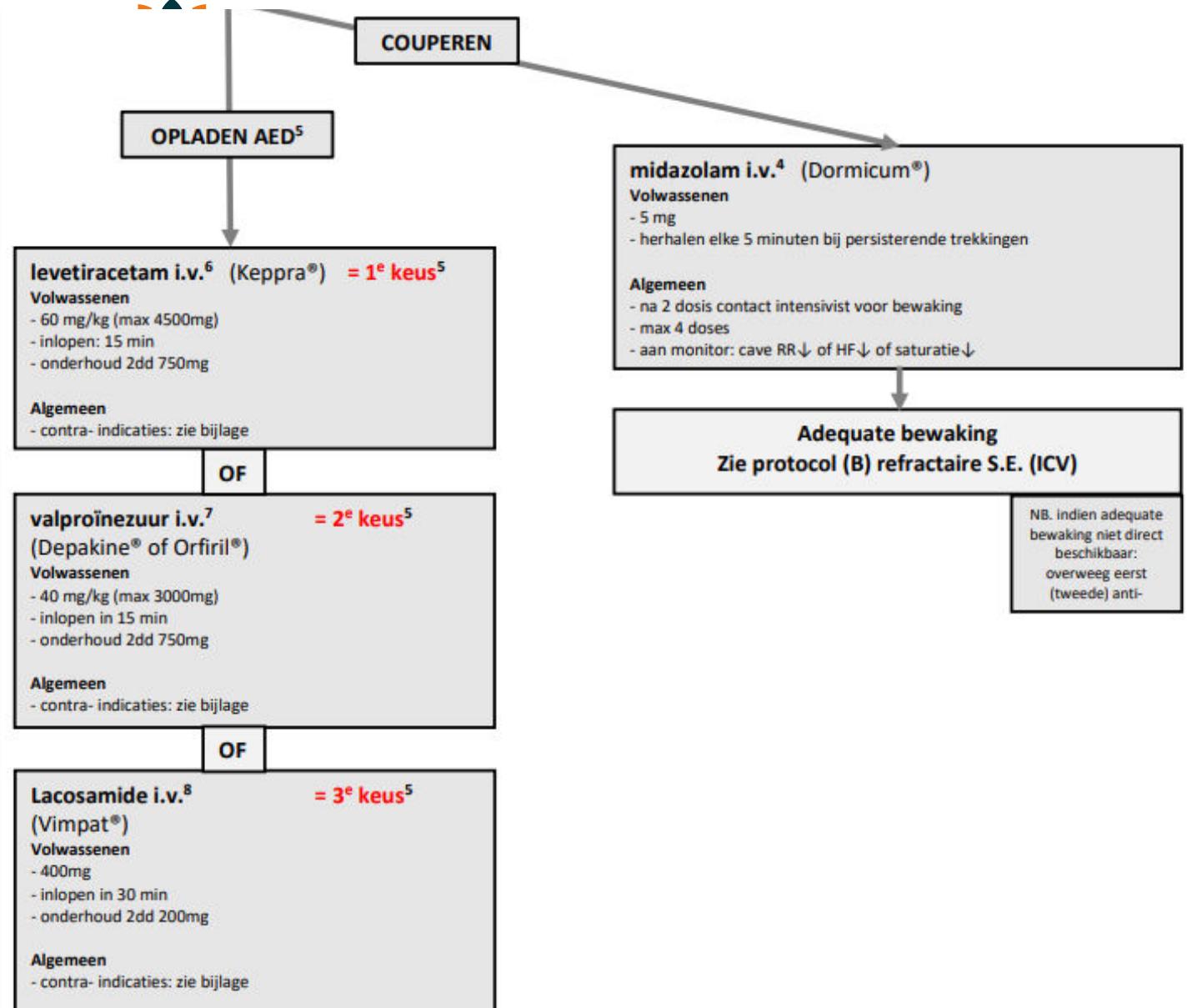
## Flowdiagram CONVULSIEVE STATUS EPILEPTICUS (volwassenen)

# Eerste middel

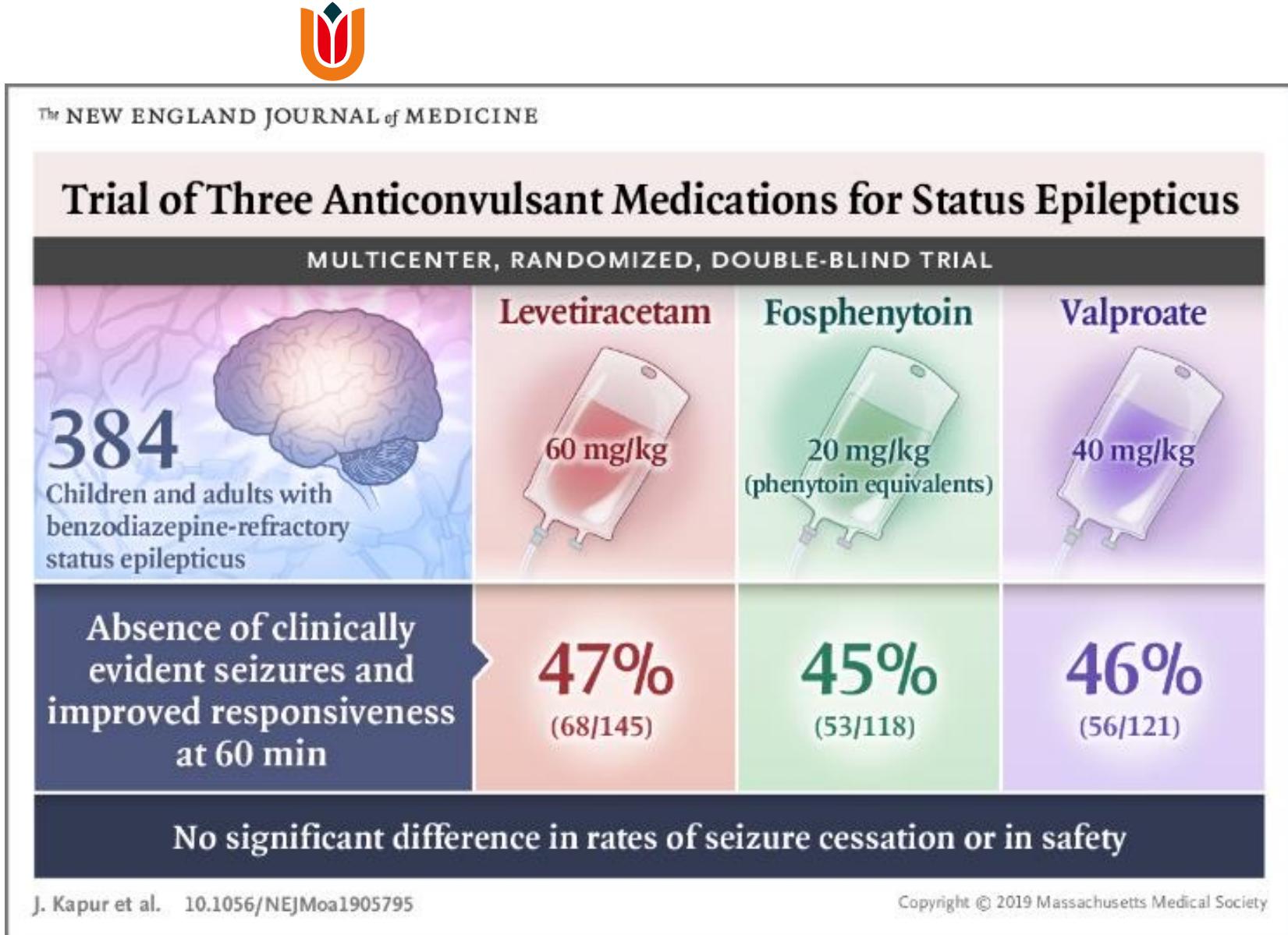
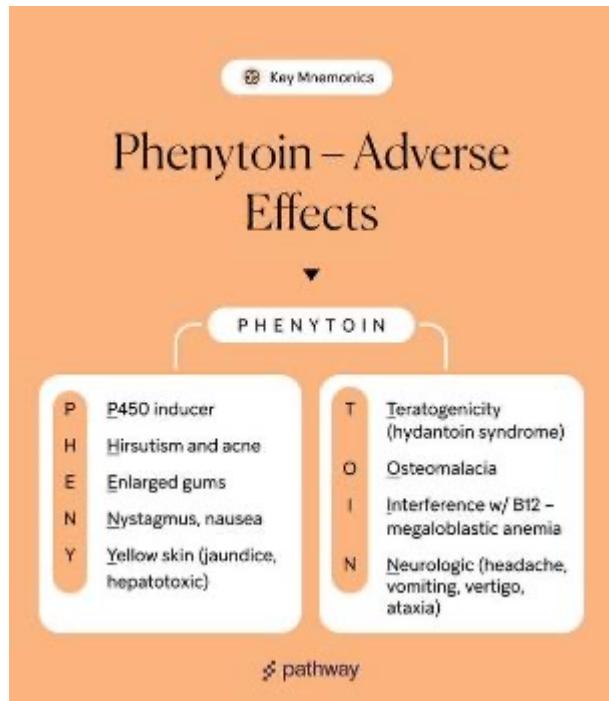
- Benzodiazepine!
- Bijwerking benzo??



# AED



# Welk AED?





# Diagnostiek

- Welk onderzoek?
  - Anamnese
  - CT hersenen
  - LP
  - MRI hersenen

## Possible Triggers of Status Epilepticus



Epilepsy syndromes



Cerebral damage



Brain tumor



Electrolyte abnormalities



Drug/alcohol overdose or withdrawal



Encephalitis



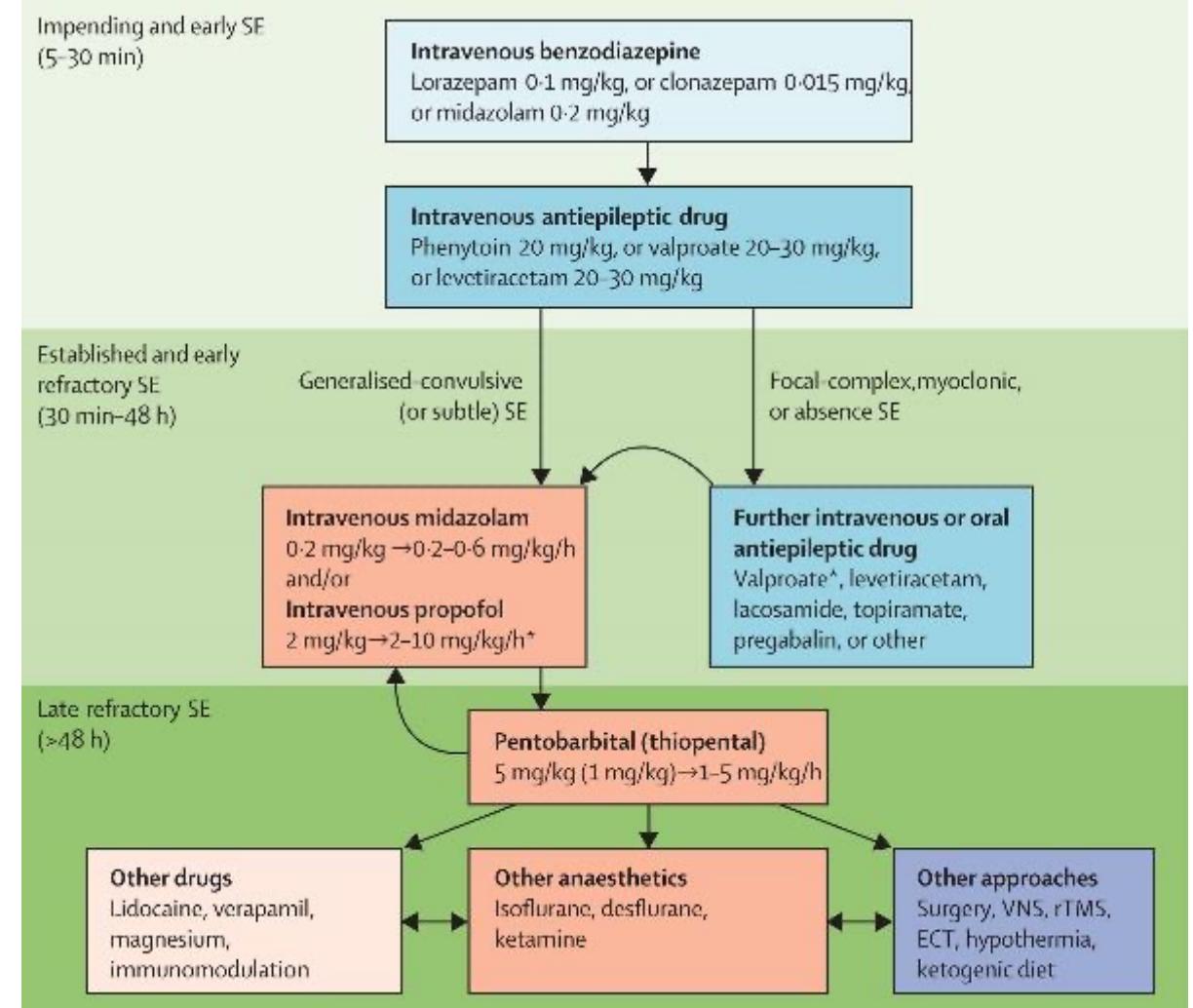
# Diagnostiek

- Behandelbare aandoeningen
  - Encefalitis
    - Viraal / Auto-immuun
  - Genetisch
  - [NORSE \(New Onset Refractory Status Epilepticus\) and FIRES \(Febrile Infection-Related Epilepsy Syndrome\) - Symptoms, Causes, Treatment | NORD \(rarediseases.org\)](#)
- 10.** Afhankelijk van het klinisch beeld (tabel 1 en 2) kunnen de volgende antistoffen worden aangevraagd:
- Antistoffen tegen intracellulaire nucleaire/cytoplasmatische antigenen
    - Hu, Yo, Ri, Tr/DNER, CV2, Ma1 en Ma2 (als PNS pakket)
      - Techniek: immunoblot (2x en indirekte immunofluorescentie van het cerebellum)
      - Materiaal: serum
    - KLHL-11 en GFAP
      - Techniek: cell-based assay (CBA)
      - Materiaal: liquor
  - Antistoffen tegen intracellulaire synaptische antigenen
    - GAD65, amfifysine
      - Techniek: resp. ELISA en immunoblot (amfifysine zit in het PNS pakket)
      - Materiaal: serum (evt. aanvullend liquor)
  - Antistoffen tegen extracellulaire antistoffen:
    - VGCC
      - Techniek: radio-immunoassay (RIA).
      - Materiaal: serum
    - NMDAR, LGI1, CASPR2, GABA<sub>A</sub>R en AMPAR, DPPX (los of als AIE pakket)
      - Techniek: CBA
      - Materiaal: serum en liquor (gepaard)
    - IgLON5 (serum), GlycineR, (serum) GABA<sub>A</sub>R (liquor en serum), mGluR1 (serum) en mGluR5 (serum). Los aan te vragen. De laatste 3 in overleg.



# (Super)refractaire SE

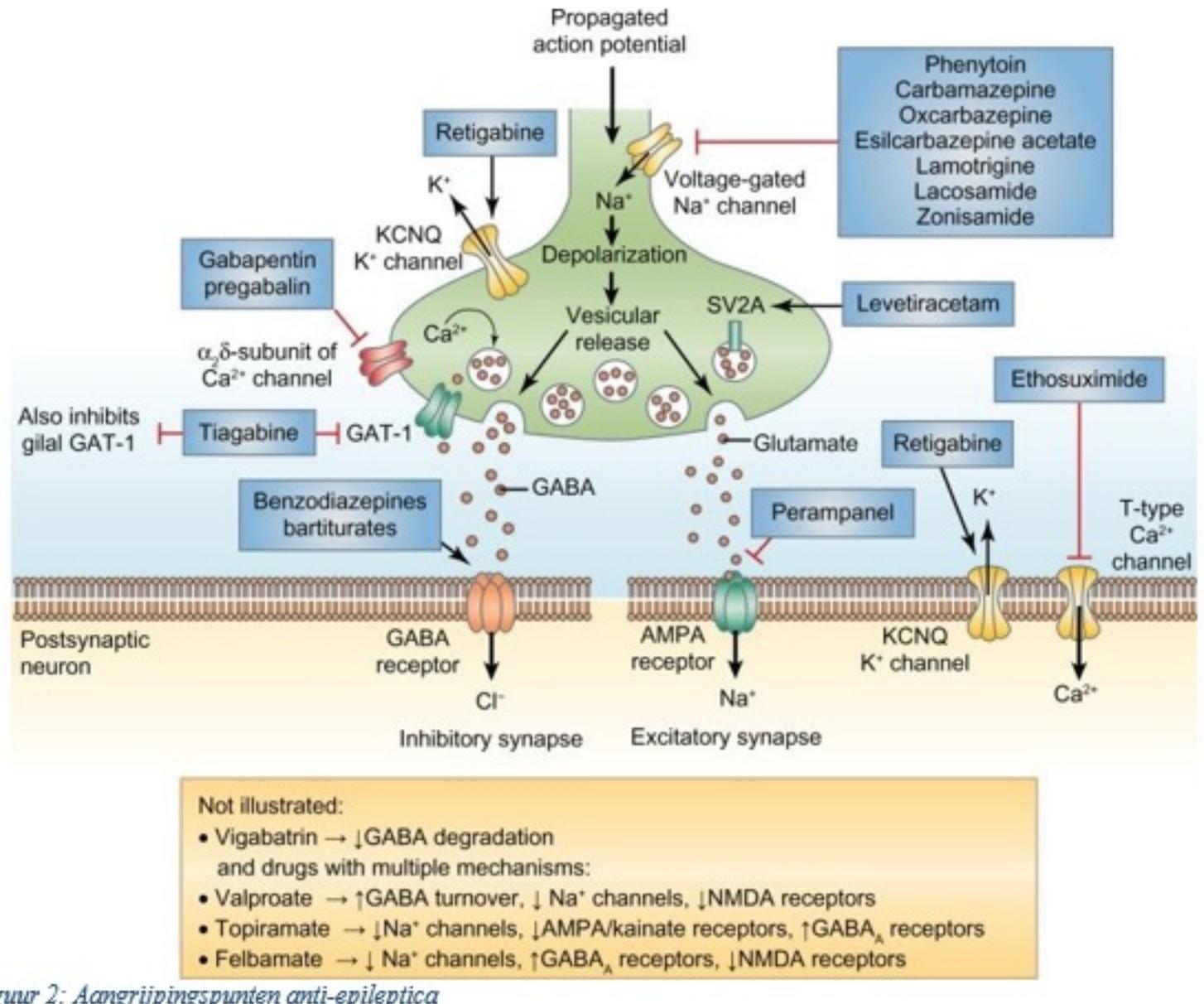
- Sedativa ↑
- AEDs combineren
  - Receptoren
  - Interacties
    - Met elkaar
    - Met andere middelen
    - Door andere middelen





# Receptoren

- Verschillende middelen
  - Altijd IV
  - Bepaal spiegels
- Verschillende receptoren
- Pre- en post synaptisch



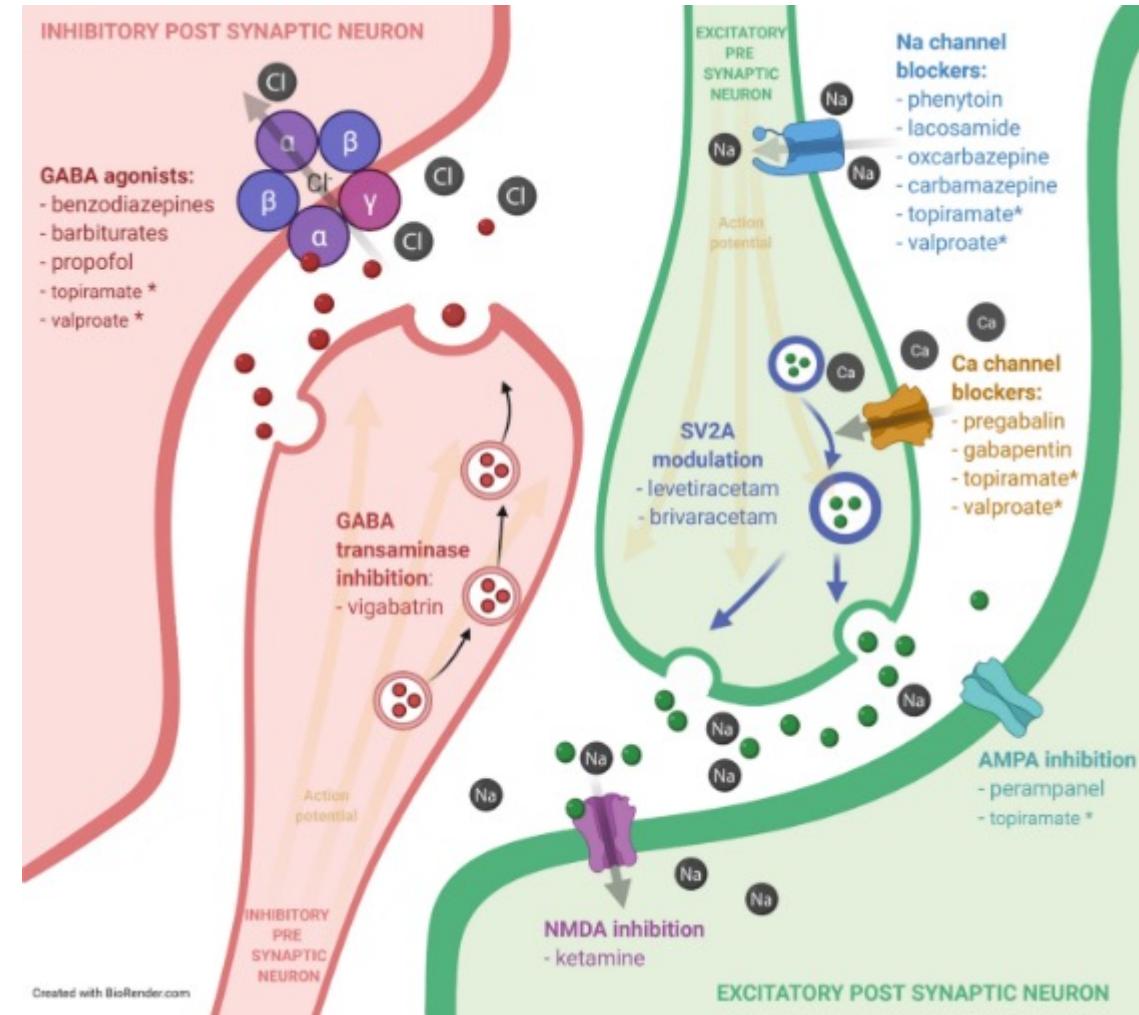
Figuur 2: Aangrijppunten anti-epileptica



# Receptoren veranderen

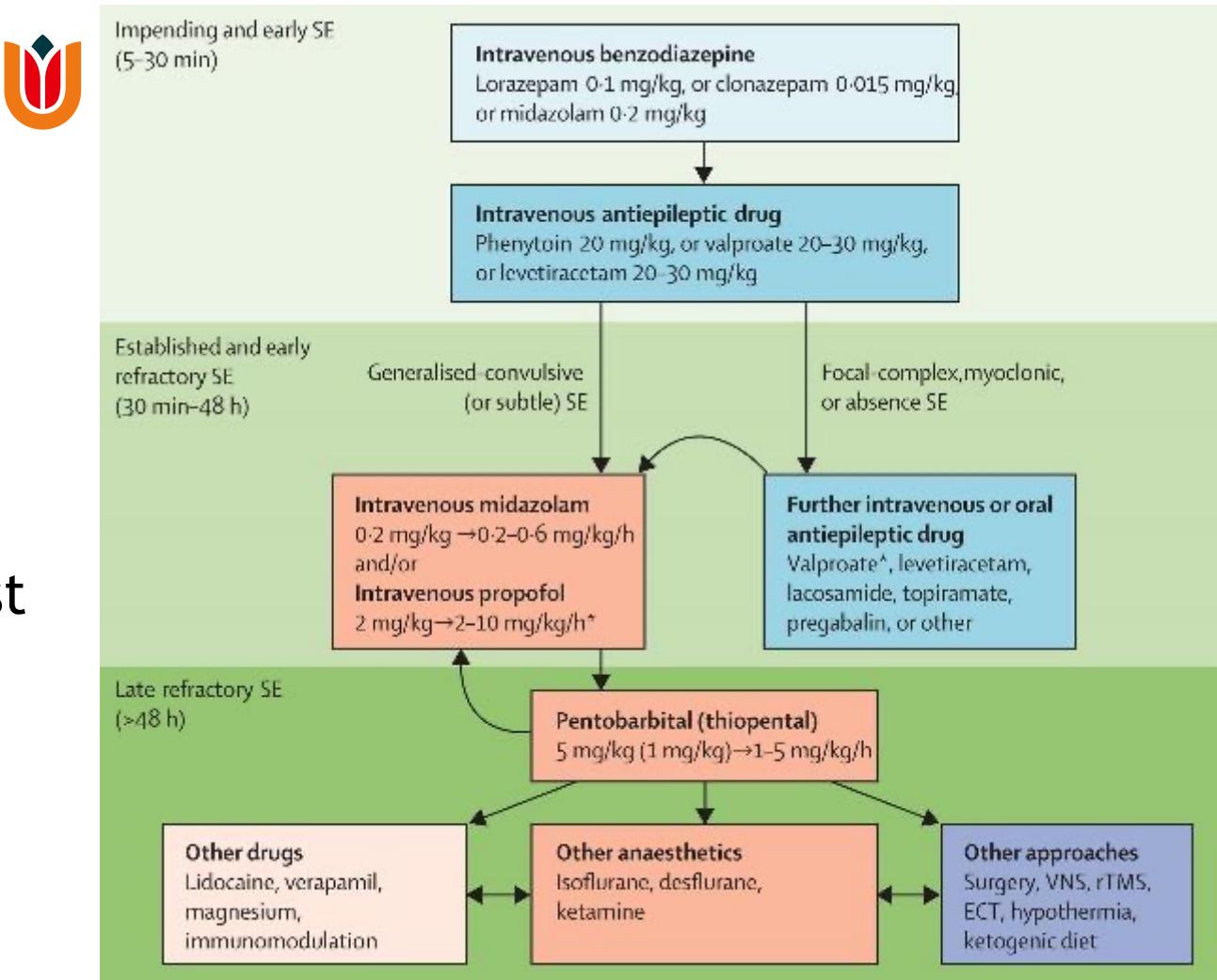
Bij langdurige status epilepticus:

- afname aantal GABA-receptoren
- toename expressie NMDA-receptoren



# Laatste stap??

- Ketamine = NMDA-receptor antagonist
- Dosering 1-5 mg/kg/uur
- 24 uur daarna afbouwen
- Propofol loopt door





# Kortom

- SE is spoed !!
- Lokaal protocol
- Zoek & behandel onderliggende oorzaak
- SRSE is leuk!
  - Geef niet te snel op

Flowdiagram CONVULSIEVE STATUS EPILEPTICUS  
(volwassenen)

